Following are the slides used at the YAFS5 Research Communication and Strategic Planning organized by the Department of Health held on 06-10 November 2023 at Tagaytay Haven, Tagaytay City and is made available for educational and informational purposes. The results presented are preliminary and may change as the final monograph report is being prepared. The public is encouraged to refer to the latest documents made available through the Institute's website.

#### Recommended citation:

University of the Philippines Population Institute (2023, November 7). *Regional Dissemination – Visayas and Mindanao* [PowerPoint slides]. Population Institute, College of Social Sciences and Philosophy, University of the Philippines.

https://www.uppi.upd.edu.ph/sites/default/files/pdf/YAFS5\_VisMin\_Dissemination.pdf

Contact:

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# YAFS5 Regional Dissemination – Visayas & Mindanao

YAFS5 Research Communication & Strategic Planning Workshop Tagaytay Haven Hotel Inc., Tagaytay City 06-10 November 2023





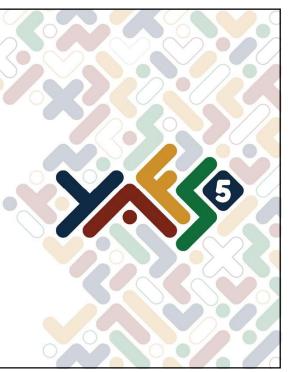


## Overview of the YAFS5 and Sociodemographic Profile of the Filipino youth

#### KLARRINESS P. TANALGO

Population Institute College of Social Sciences and Philosophy University of the Philippines

YAFS5 Research Communication & Strategic Planning Workshop Tagaytay Haven Hotel Inc., Tagaytay City 06-10 November 2023





### Overview of the YAFS5

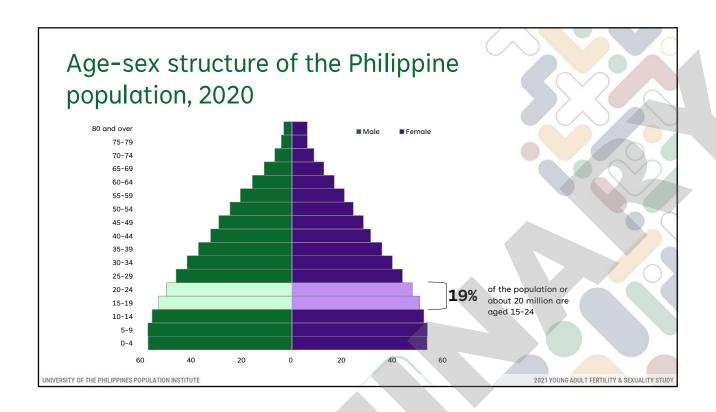


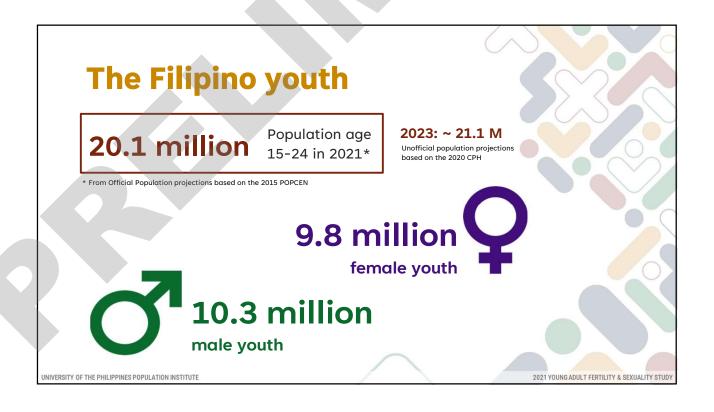
#### Why study the Kabataang Pinoy?

- Youth is the period of transition from childhood to adulthood
- "Dense" period, overlapping transitions such as leaving school, getting a job, first serious relationship, first marital union, first pregnancy and so forth that could have lasting effects in later life
- Important to examine their status to help identify key areas to ensure better health and well-being which in turn can contribute to their families, communities and the country in the long run

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#### **ABOUT YAFS**



YAFS is the largest series of cross-sectional surveys in the Philippines on the 15 to 24 age group (1982, 1994, 2002, 2013)



The YAFS series aims to provide updated information on a broad framework of adolescent sexuality and reproductive health issues, their antecedents, and manifestations



Its rich findings have been used as bases in the formulation of programs and policies for the health and welfare of the youth



YAFS5 aims to aid the
Adolescent Health
and Development
Program Strategic
Plan of the
Department of Health
(DOH)

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#### **YAFS5 sampling design**

Stage 1

Primary sampling unit: Barangays In each region, sample barangays were selected using systematic sampling with implicit urban-rural stratification.

Stage 2

Secondary sampling unit: Households

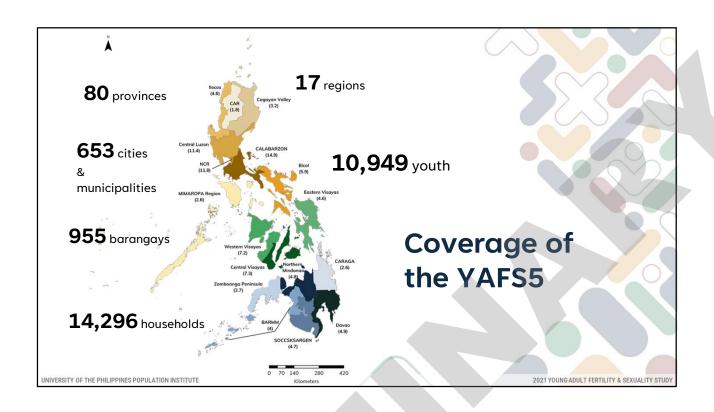
In each sample barangay, 15 households were systematically-selected.

Enumeration unit: Youth 15-24 years old

In each household, all eligible respondents were interviewed.



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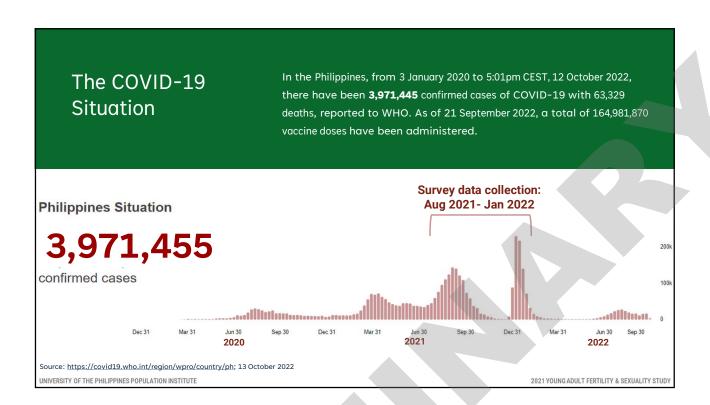
- Lenovo Tablets
  - HH Questionnaire
  - Individual Questionnaire
- Consent Form
- YAFS5 Field Manual
- Flashcards
- Identification cards, YAFS5 t-shirts, umbrella
- PPEs (face masks, face shield, alcohol)
- Letters to the Mayors and to the Brgy. Captains
- Endorsement letters from DOH and DILG

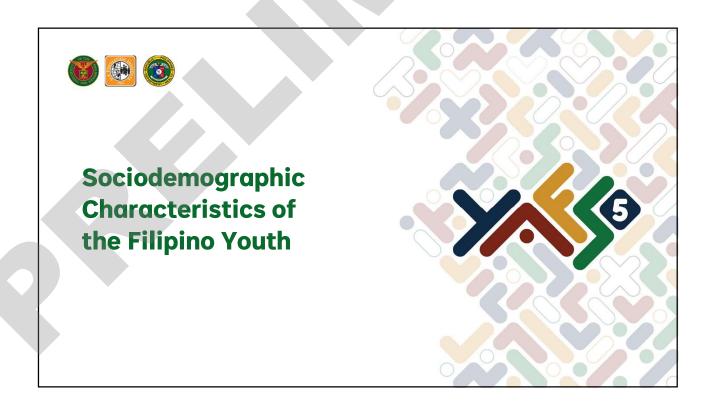


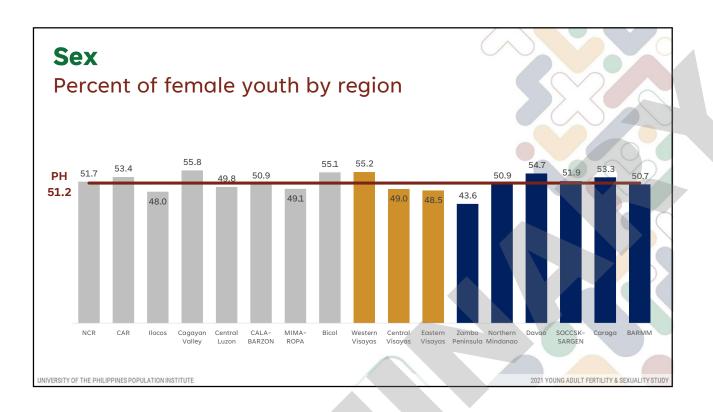
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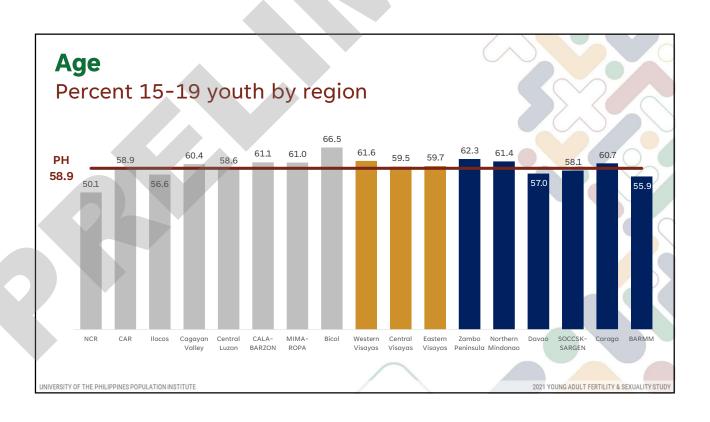


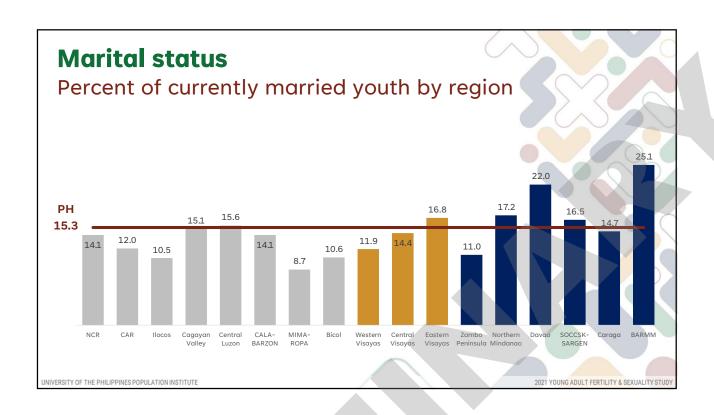


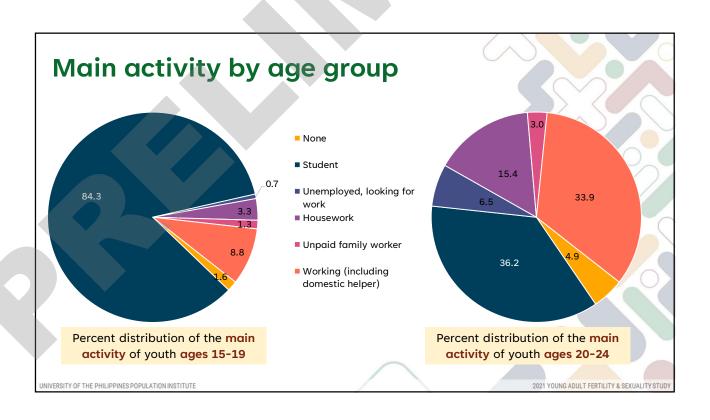


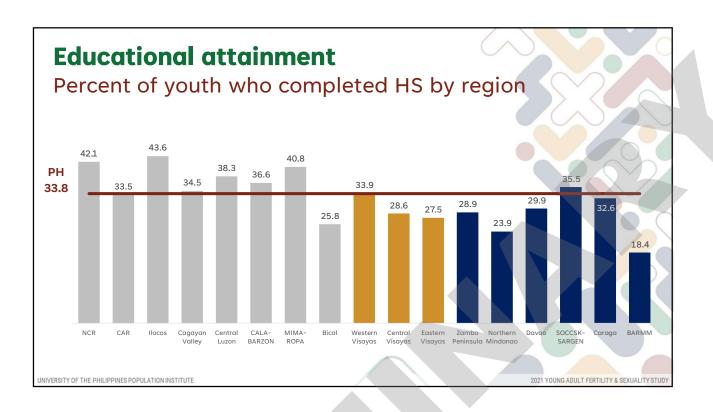


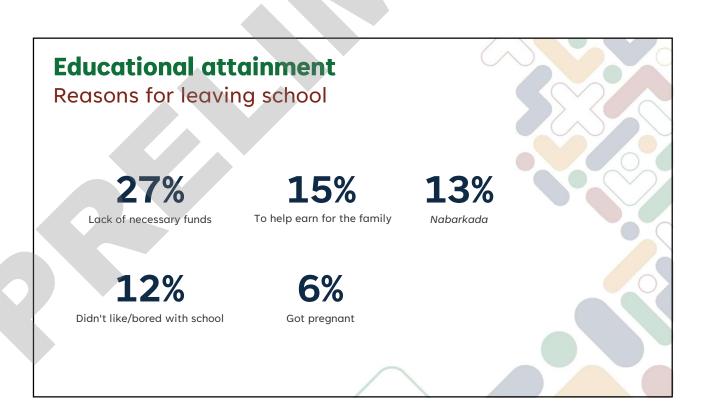


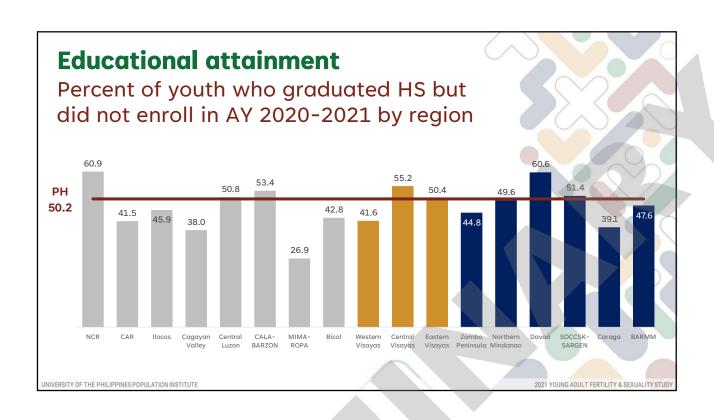


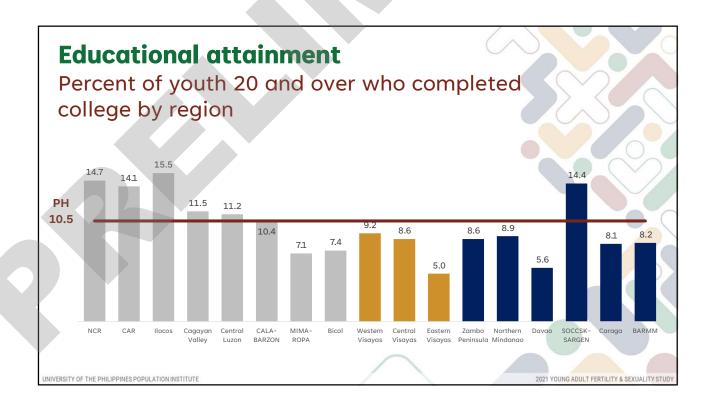


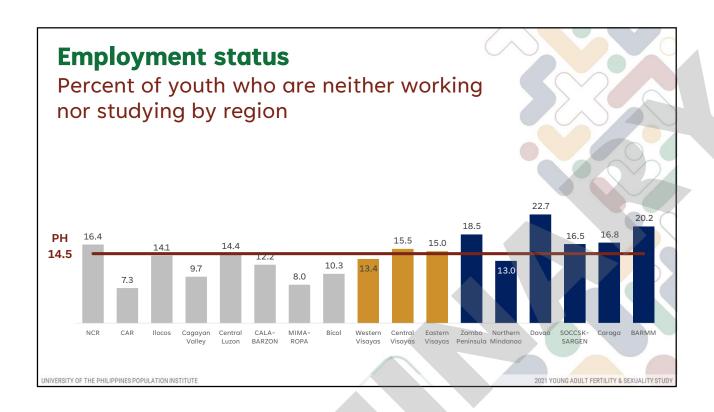


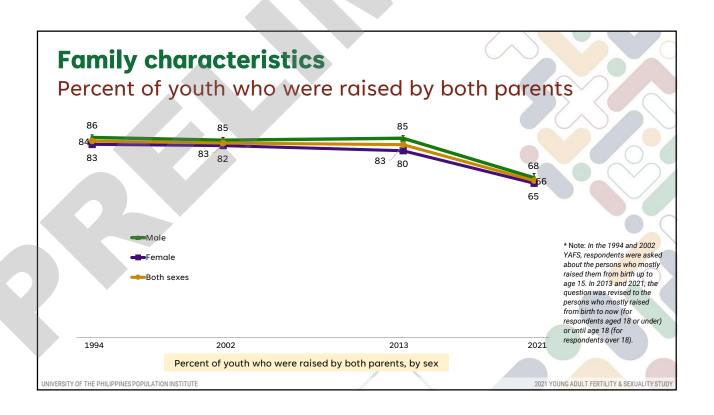


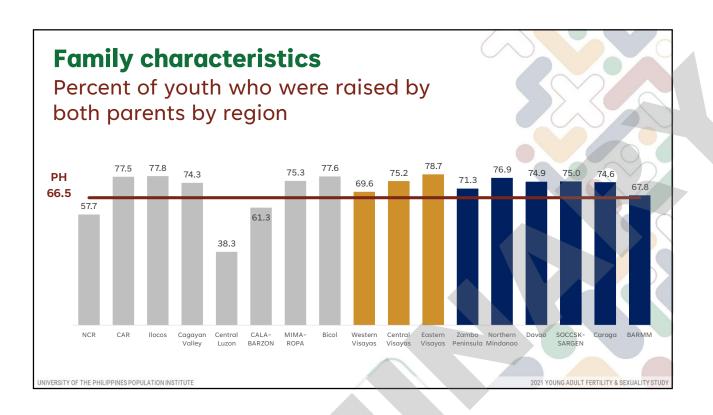


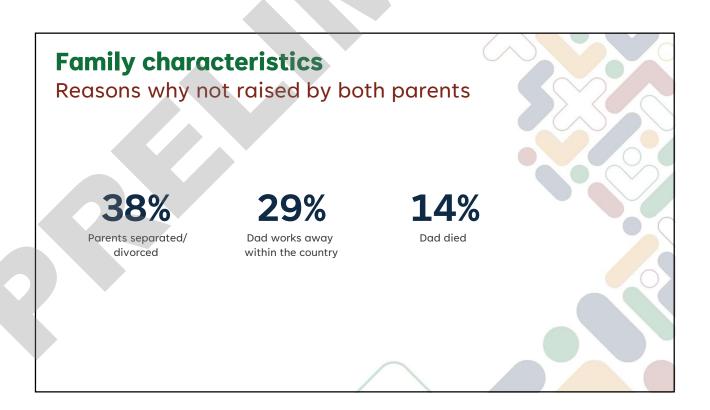


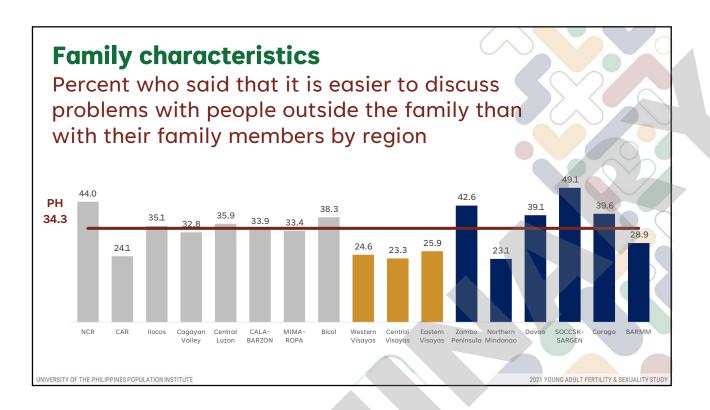


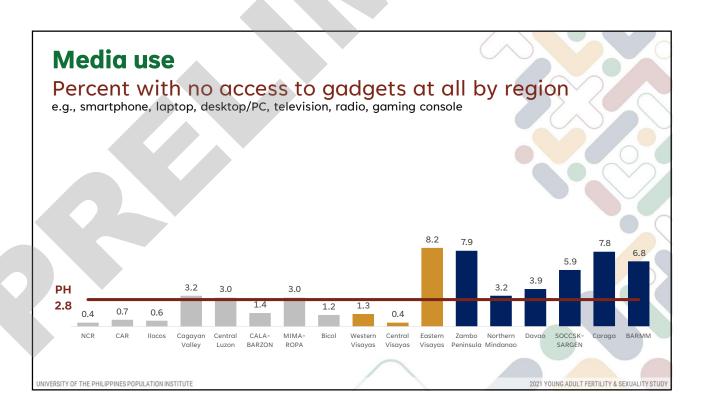


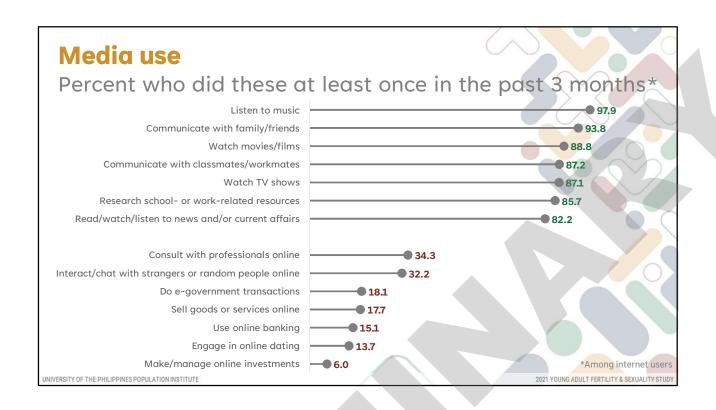


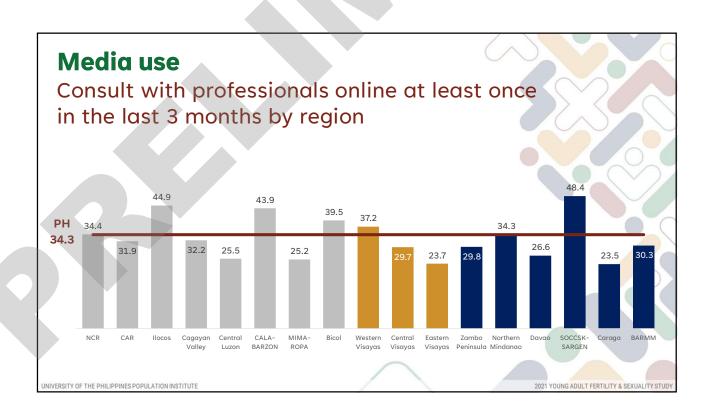


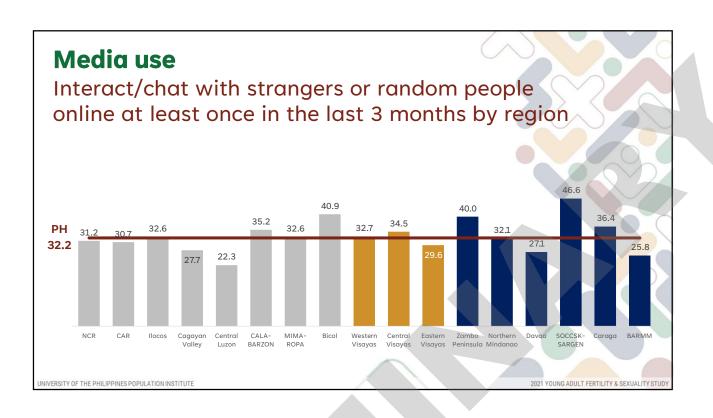


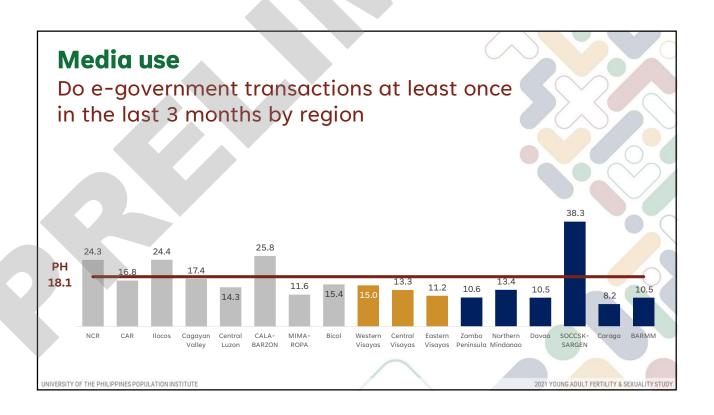


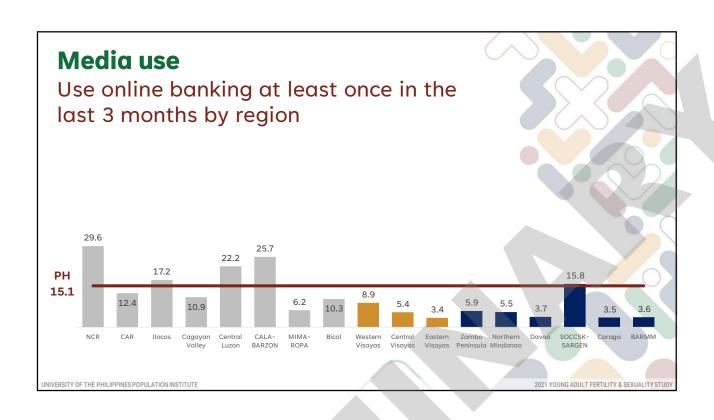


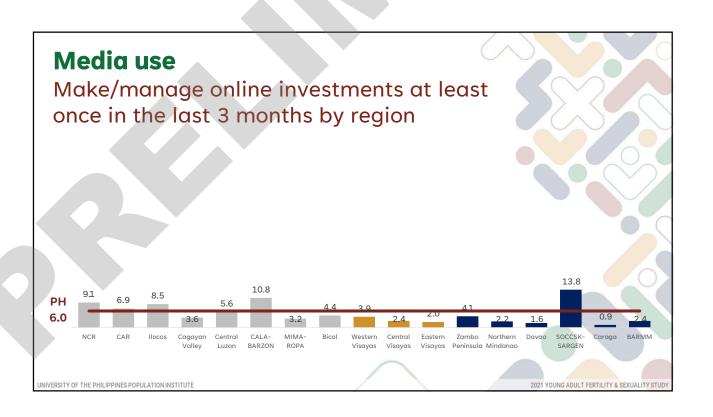


















#### The Unseen Battles: Mental well-being, HIV, and exploring sexuality

Insights from the YAFS5

#### **ELMA P. LAGUNA**

Population Institute College of Social Sciences and Philosophy University of the Philippines

YAFS5 Research Communication & Strategic Planning Workshop Tagaytay Haven Hotel Inc., Tagaytay City 06-10 November 2023



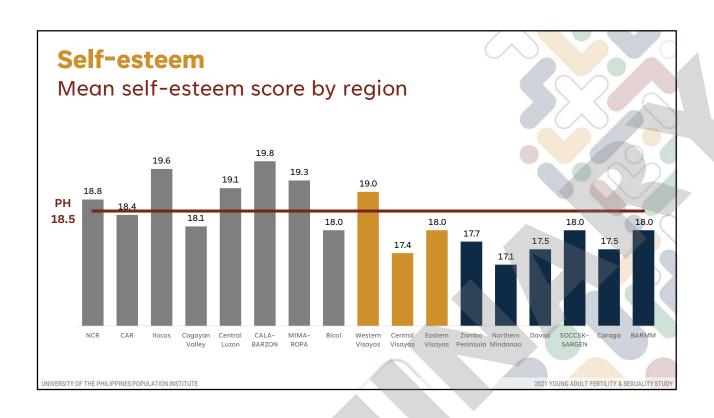


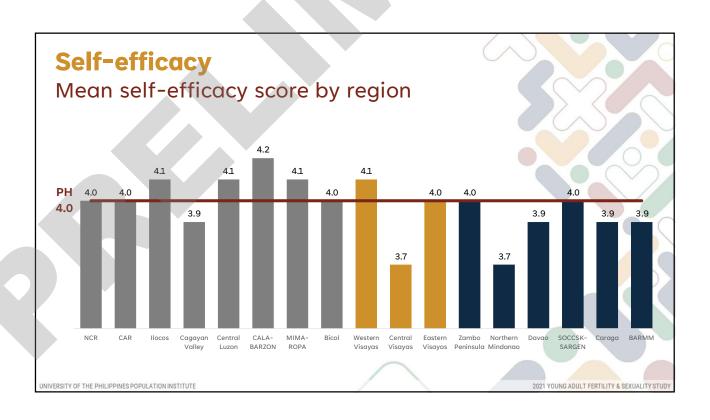


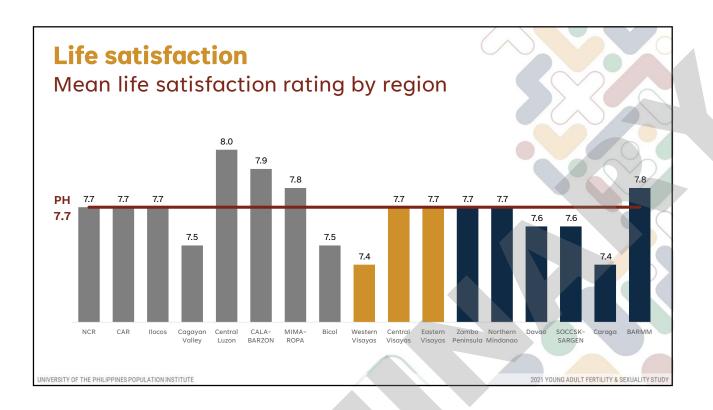


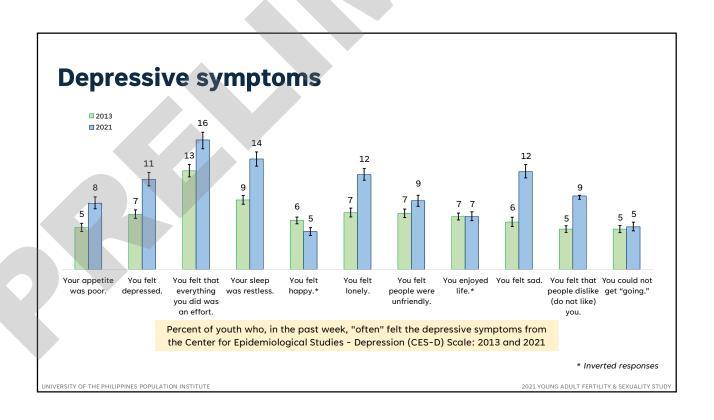


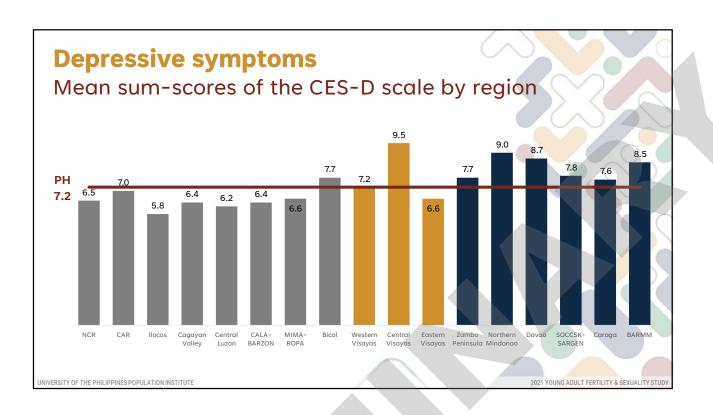


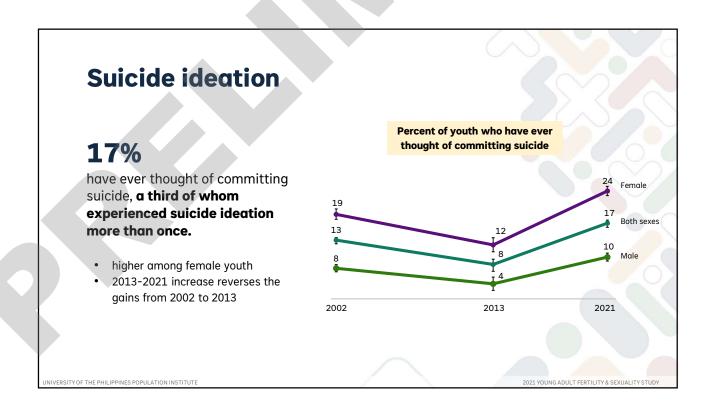


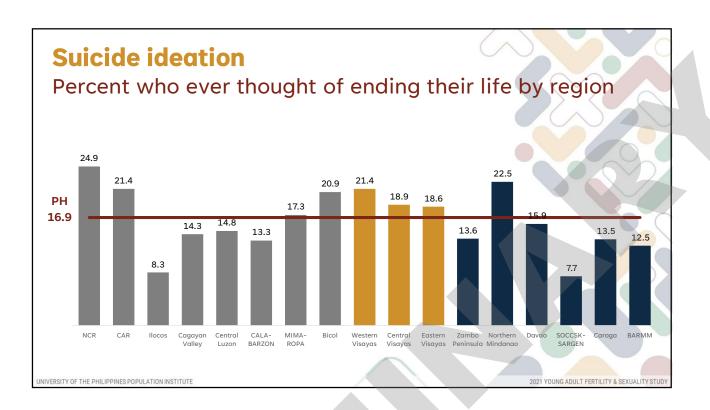


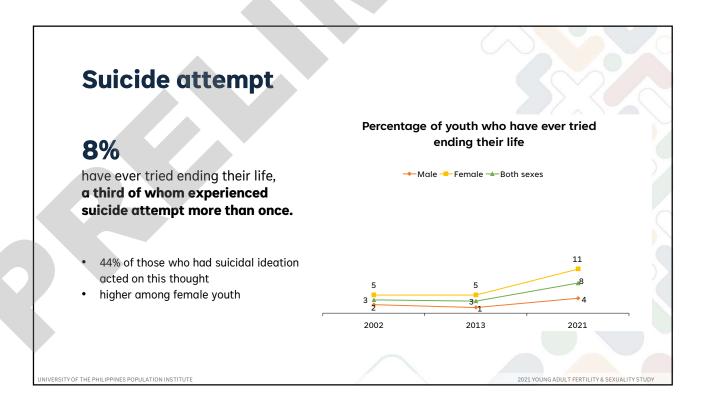


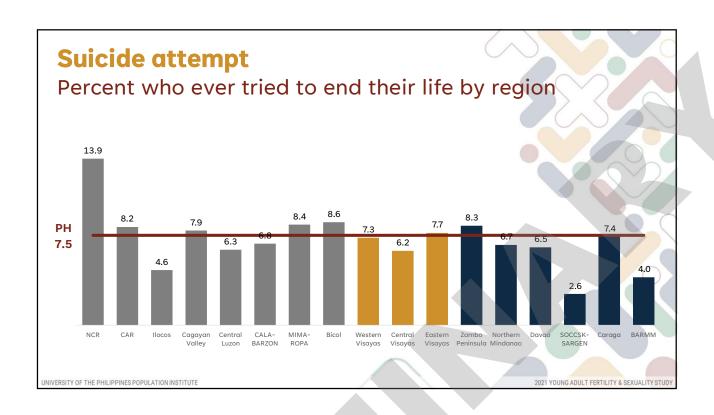


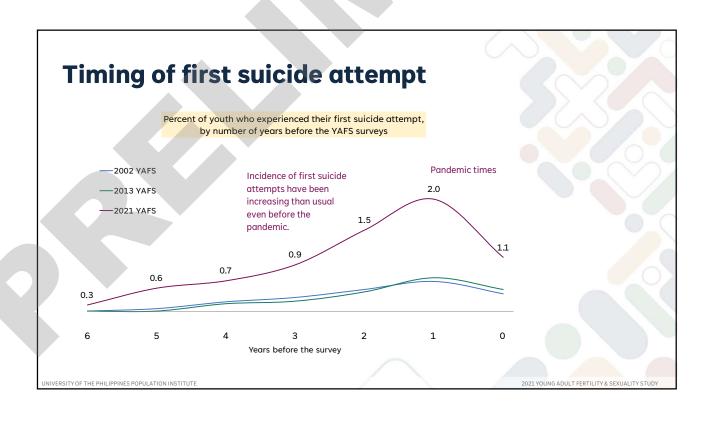


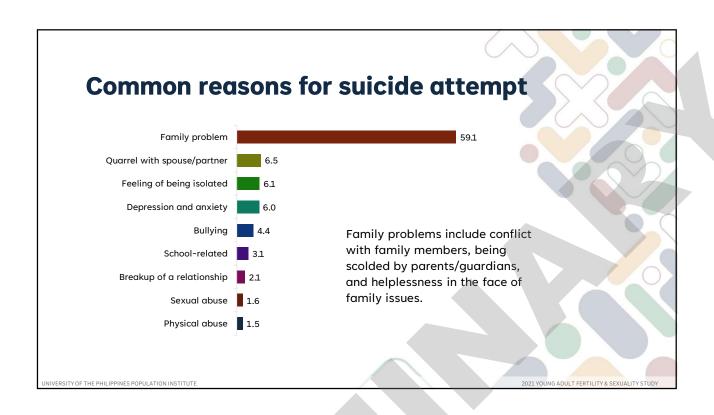






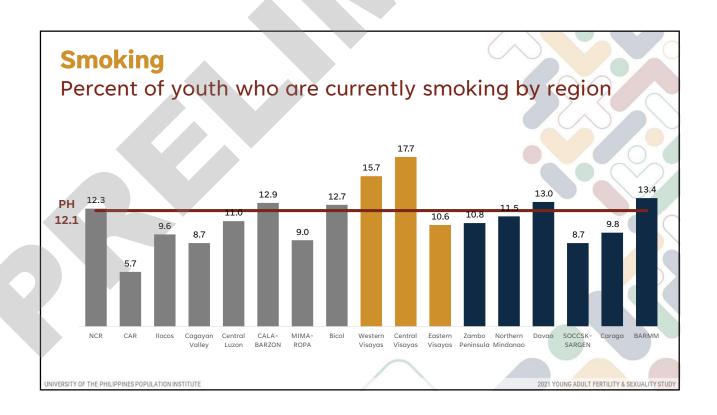


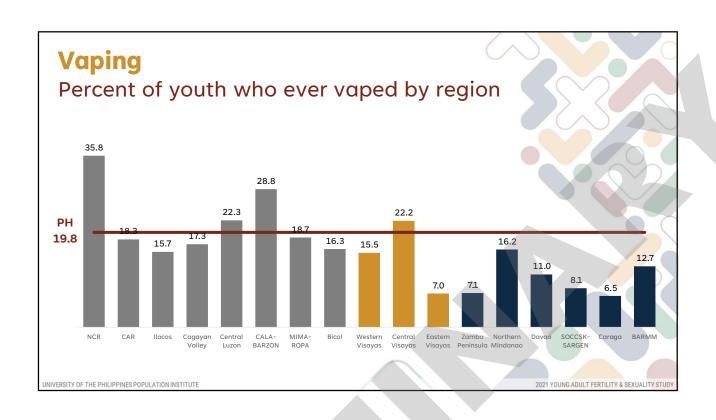


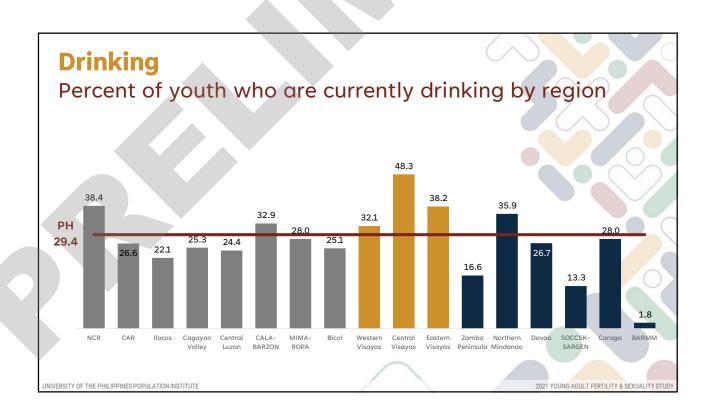


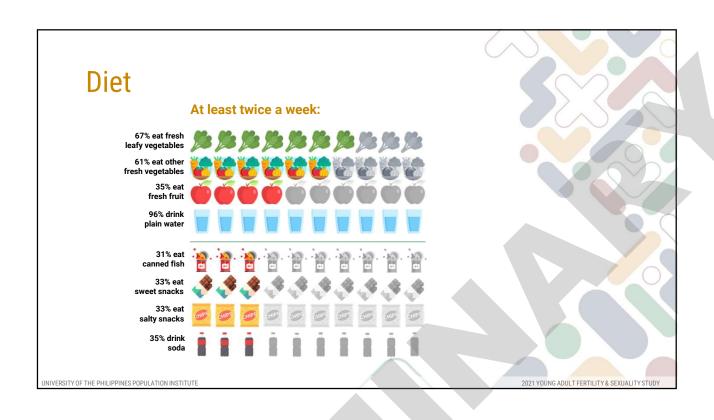


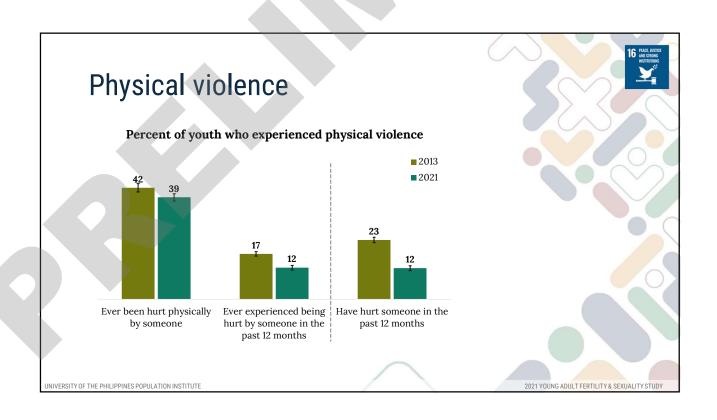


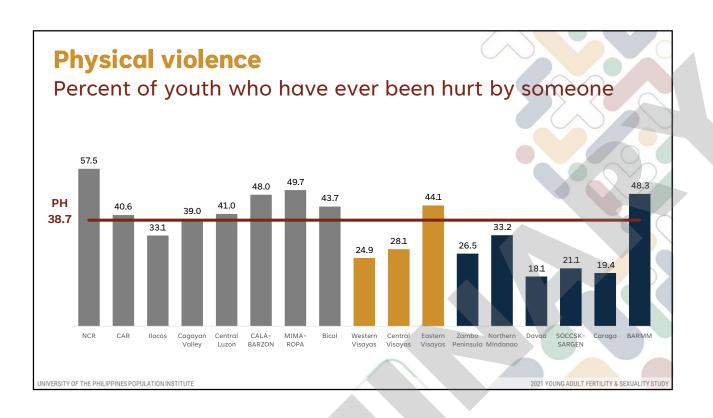














## Awareness about Sexually Transmitted Infections (STIs)



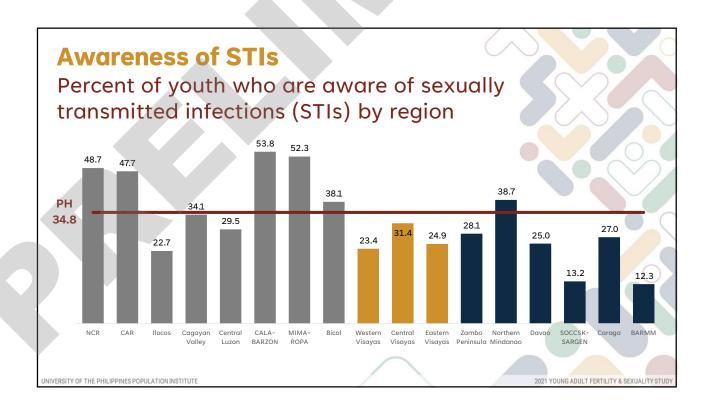
One-third of the youth know about STIs

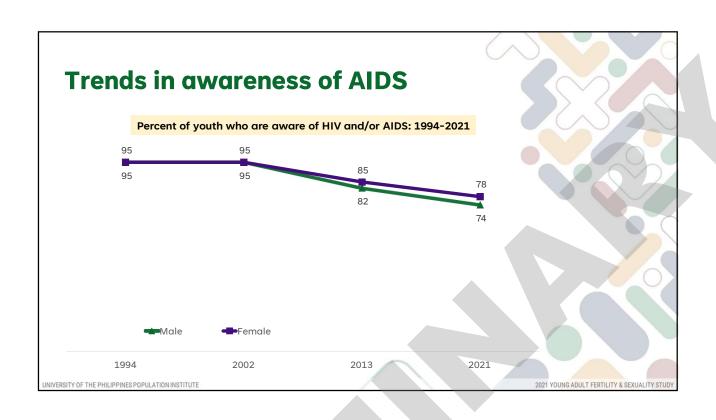
35% among males

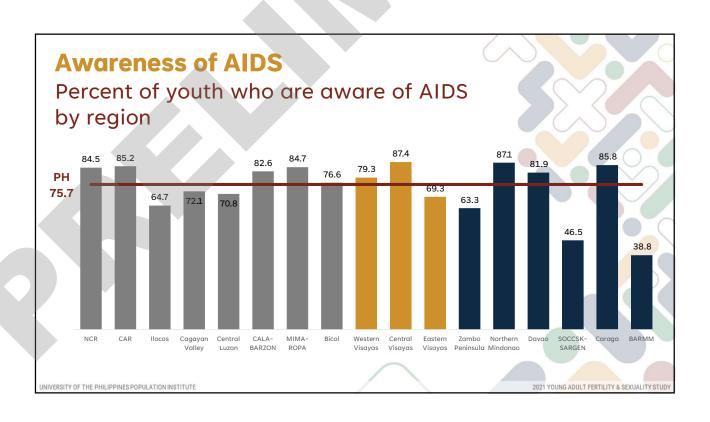
**34%** among females

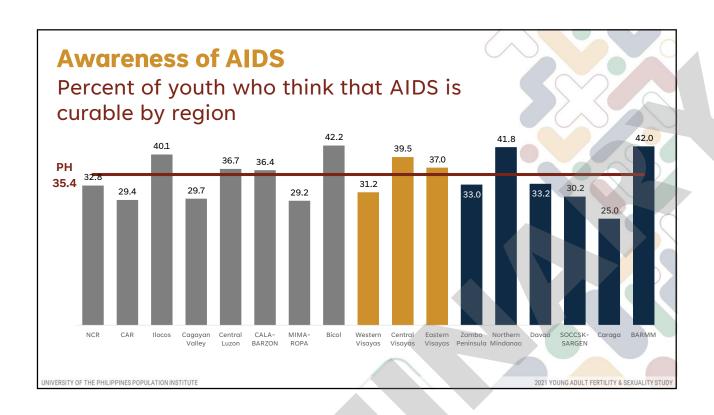
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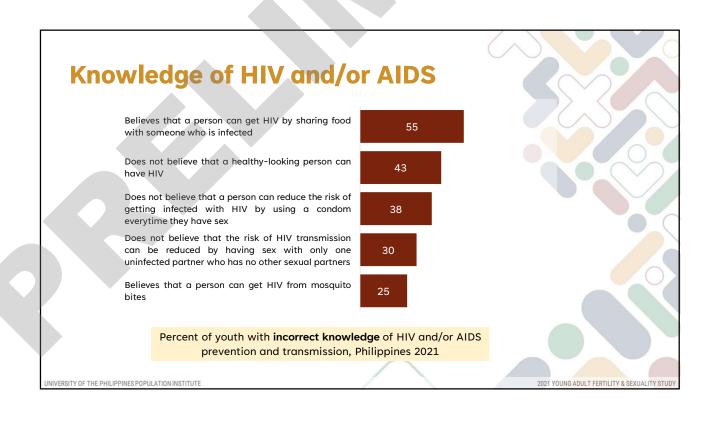
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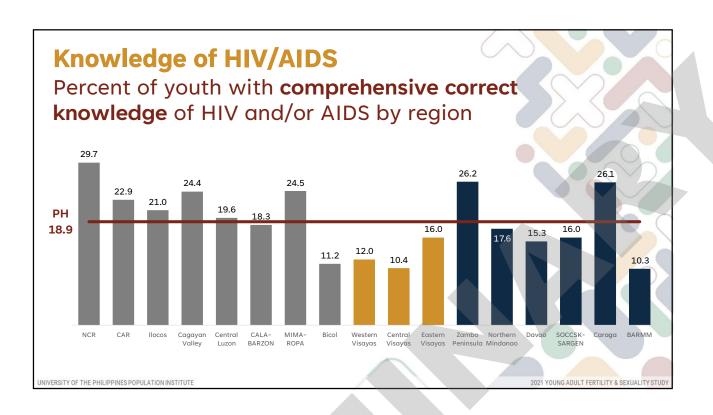


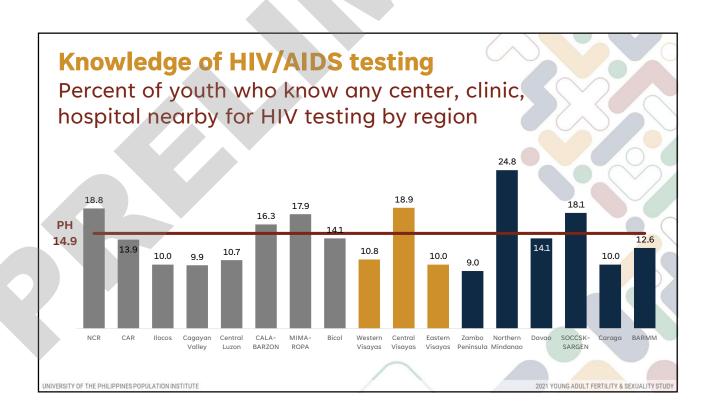


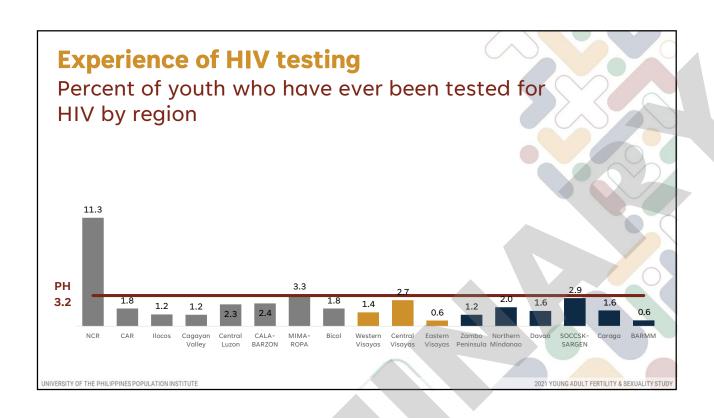


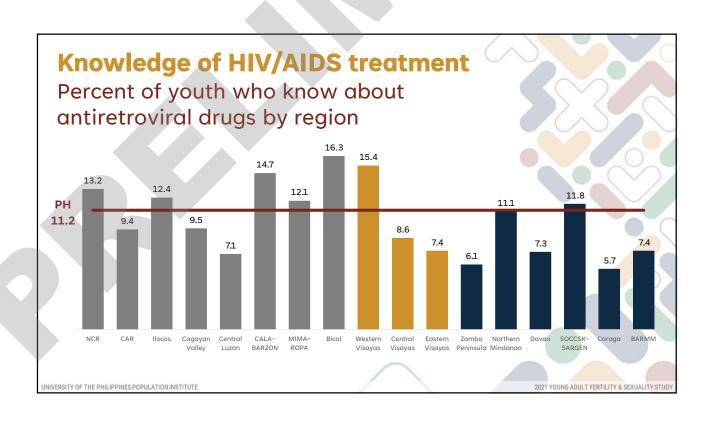












#### Reproductive health problems

#### Males and Females

- Abnormal breast mass or enlargement
- Changes in the color of the urine
- Pain during urination
- Abnormal penile/vaginal discharge
- Itching in the genital area
- Genital warts/ulcers
- Recurrent pain during sexual intercourse

#### Males

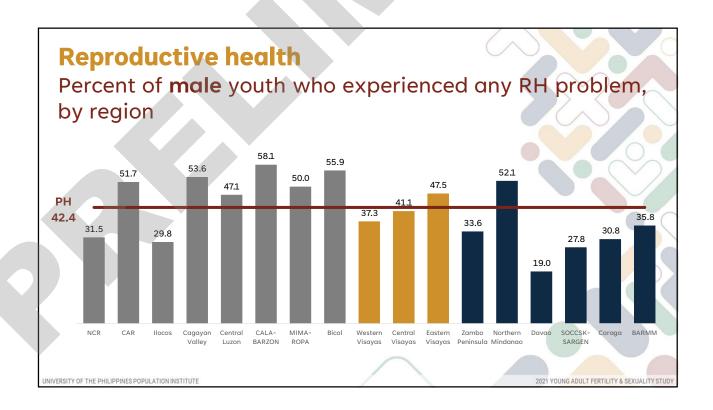
- Painful, reddish, or swollen testicles
- Erectile dysfunction

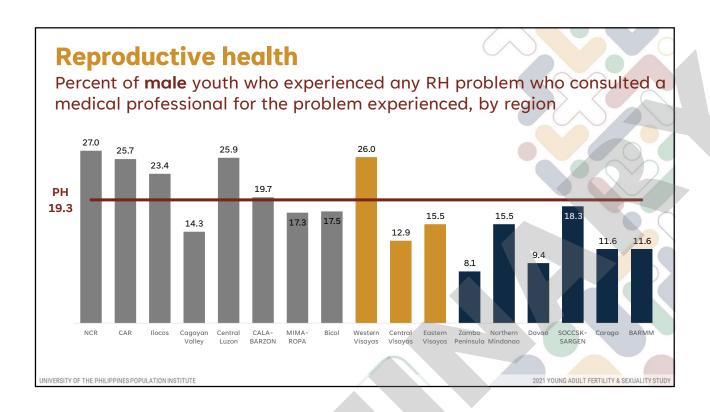
#### **Females**

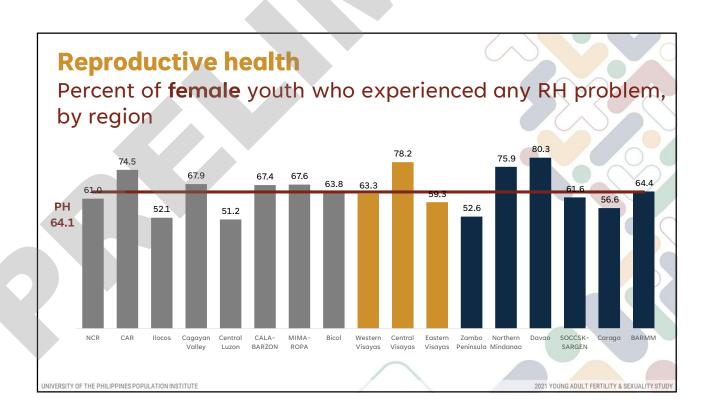
- Menstrual cramps/dysmenorrhea
- Irregular menstrual period
- Weight gain, abdominal enlargement with missed menstrual period
- High blood pressure during pregnancy (pre-eclampsia)
- · Spotting during pregnancy
- Ectopic pregnancy
- Spontaneous abortion
- Infertility

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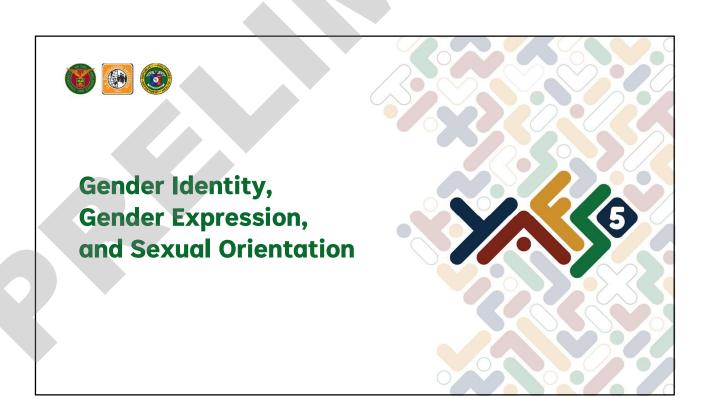


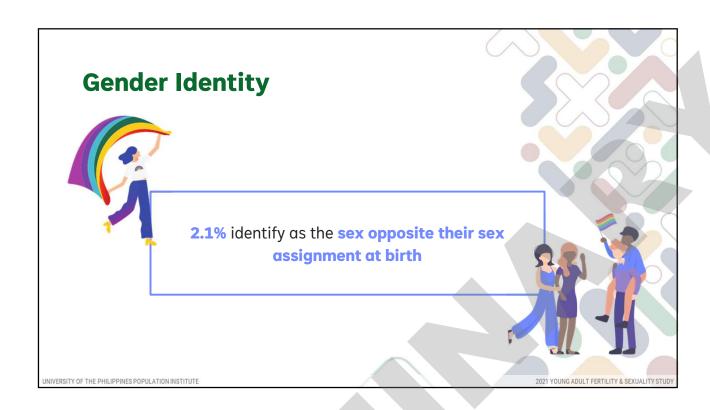


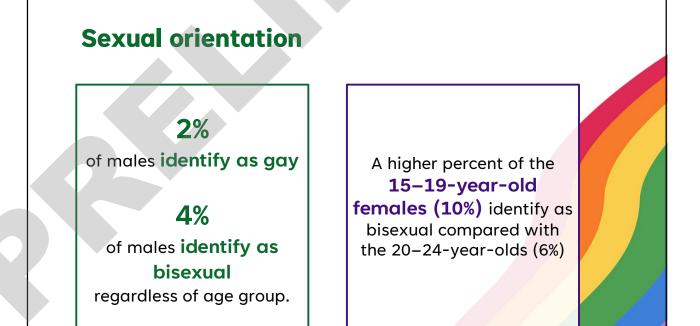


#### **Reproductive health** Percent of female youth who experienced any RH problem who consulted a medical professional for the problem experienced, by region 39.0 33.2 30.4 29.9 29.0 РΗ 27.3 27.5 23.6 23.4 25.4 24.9 24.8 Ilocos Western Central Eastern Zambo Northern Visayas Visayas Visayas Peninsula Mindanao BARZON

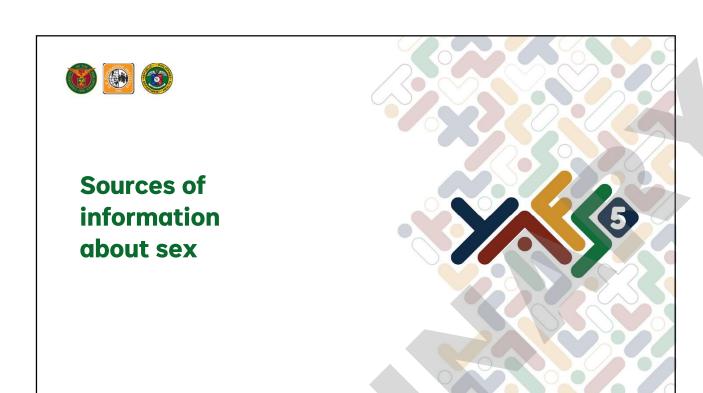
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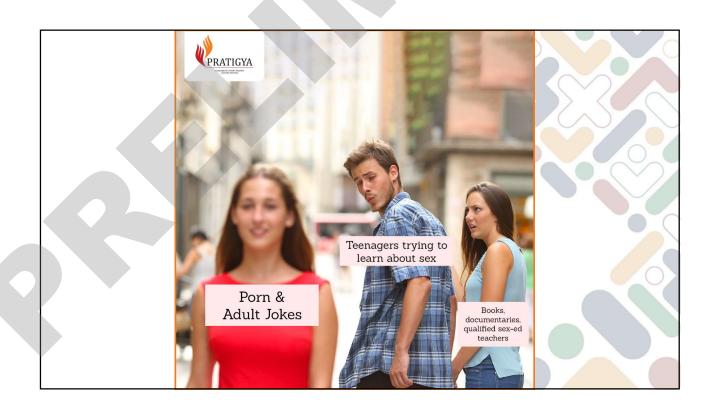


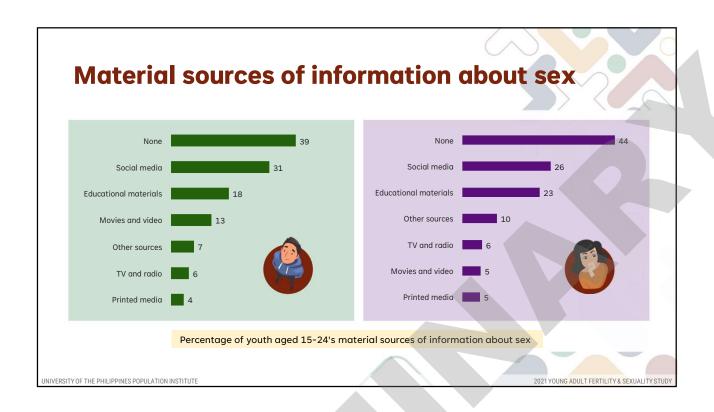


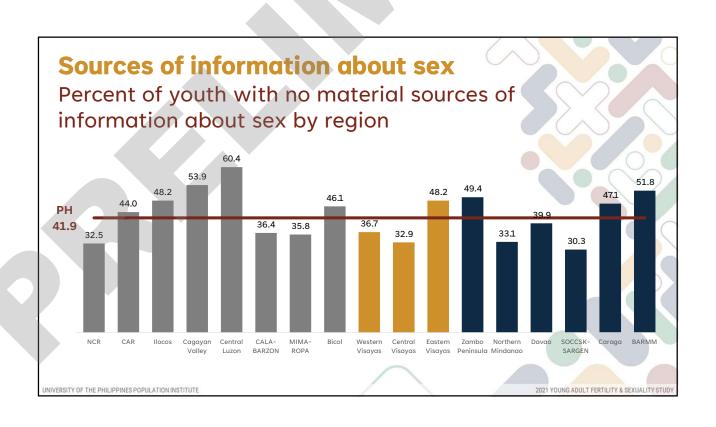


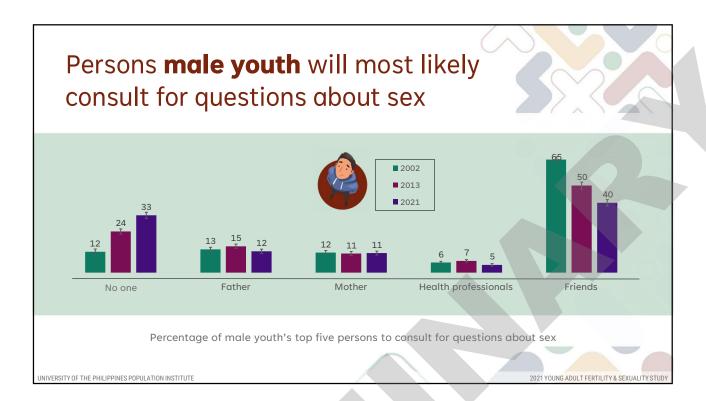
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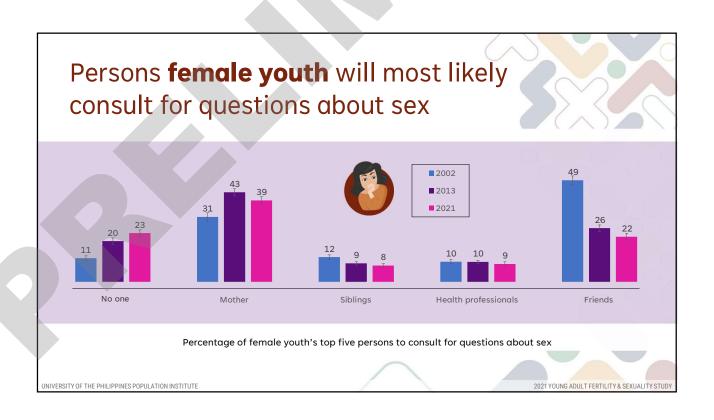


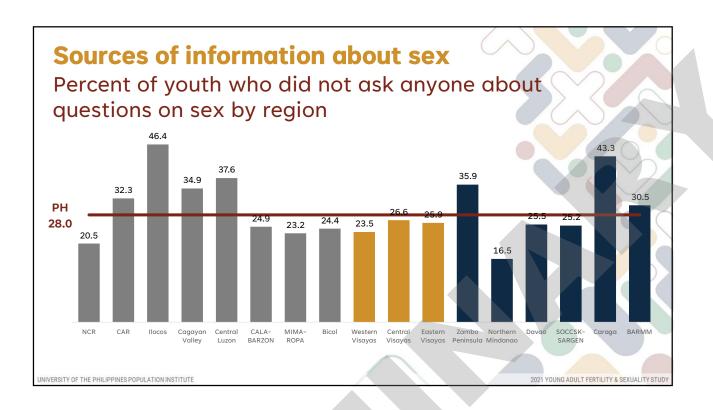


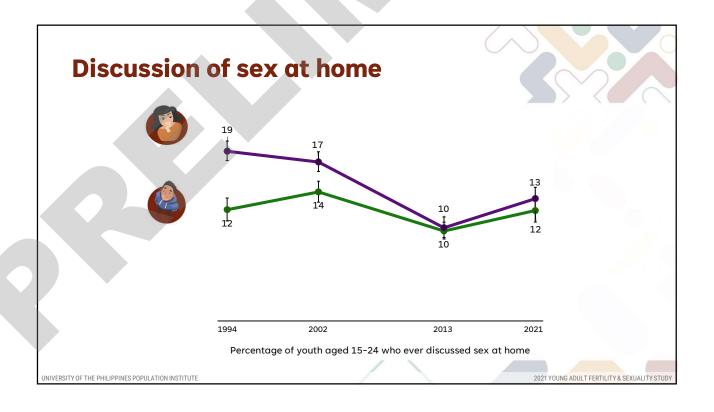


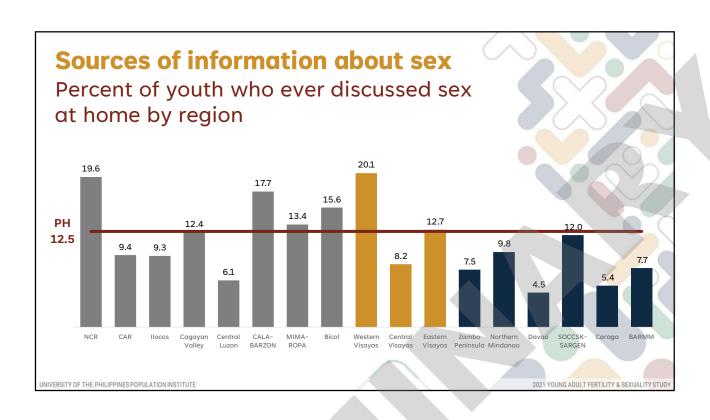




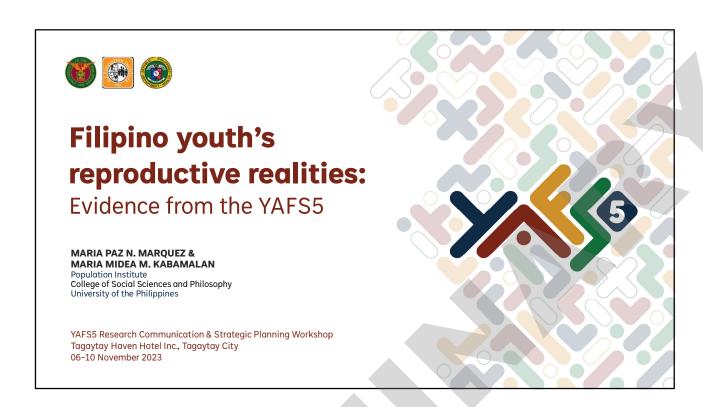


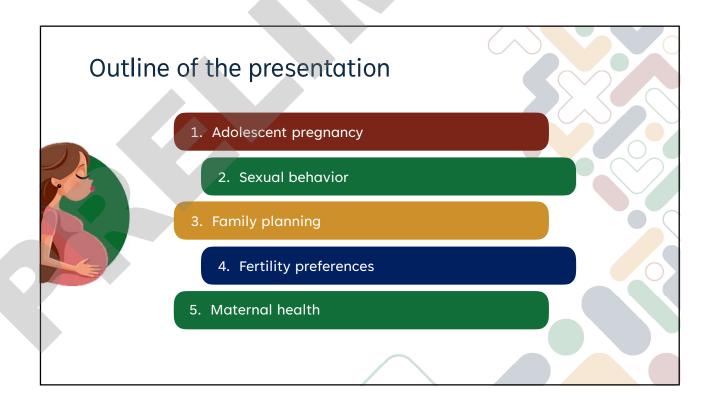


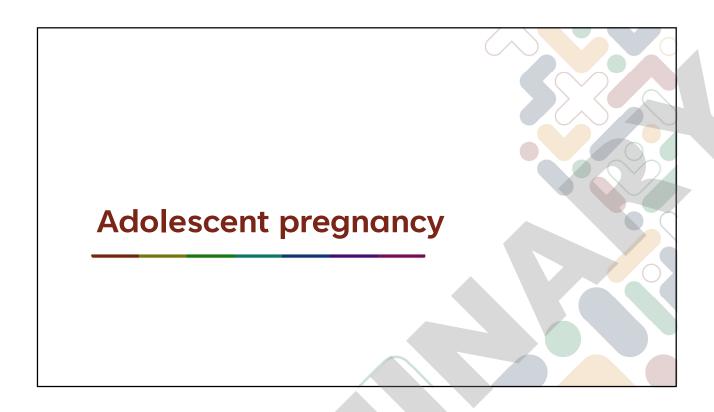


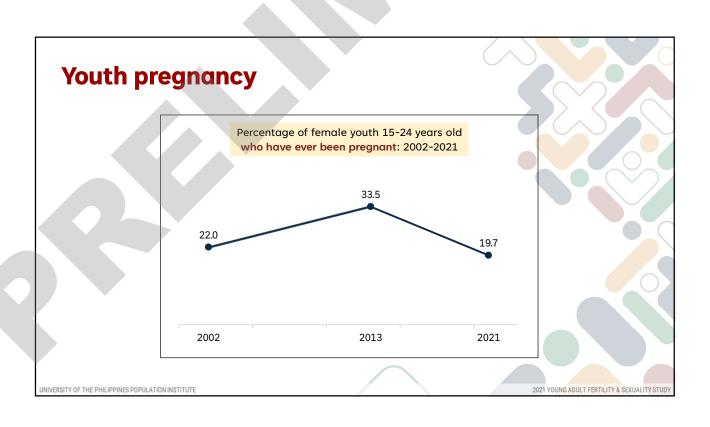


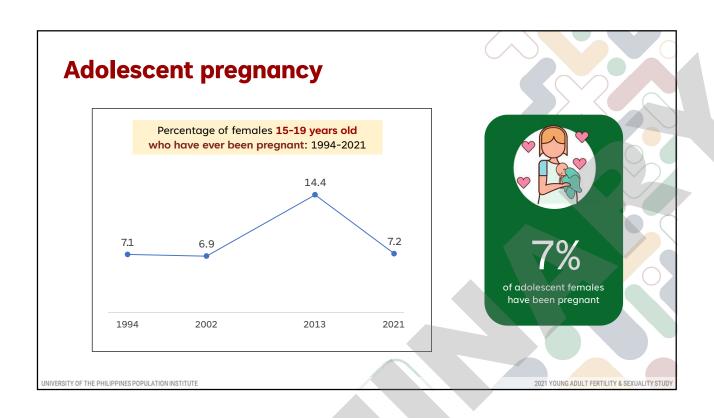
| Indicators                               | Western<br>Visayas | Central<br>Visayas | Eastern<br>Visayas | Zambo<br>Pen | N. Min   | Davao    | SOCCSK<br>SARGEN | Caraga   | BARMM    |
|--|--------------------|--------------------|--------------------|--------------|----------|----------|------------------|----------|----------|
| Self-efficacy score                      |                    | <b>V</b>           |                    |              | _        | •        |                  | •        | •        |
| CES-D Sum Score                          |                    | _                  | _                  | <b>A</b>     | <b>A</b> | _        | _                | <b>A</b> | <b>A</b> |
| Suicide Ideation                         |                    | _                  | _                  | ▼            | _        | _        | ~                | _        | •        |
| Currently smoking                        | <b>A</b>           | <b>A</b>           | <b>V</b>           | _            | _        | <b>A</b> | ▼                | ▼        | <b>A</b> |
| Currently vaping                         | _                  | <b>A</b>           | •                  | _            | _        | _        | _                | <b>V</b> | ▼        |
| Currently drinking                       | _                  | <b>A</b>           | <b>A</b>           | <b>V</b>     | <b>A</b> | •        | _                | <b>A</b> | ▼        |
| Awareness of STIs                        | _                  | _                  | ▼                  | •            | <b>A</b> | •        | _                | •        | <b>V</b> |
| W/comprehensive correct knowledge of HIV | f V                | <b>V</b>           | •                  | <b>A</b>     | ▼        | ▼        | ▼.               | _        | ▼        |
| Consult a medical professional (male)    | <b>A</b>           | ▼                  | ▼                  | •            | ▼        | ▼        | •                | ▼        | ▼        |
| Consult a medical professional (female   | ) 🔺                | ▼                  | <b>A</b>           | •            | ▼        | •        | ▼                | ▼        | ▼        |
| No material source of information        | _                  | •                  | <b>A</b>           | <b>A</b>     | ▼        | <b>V</b> | ▼                | <b>A</b> | <b>A</b> |
| Not asked anyone about questions on sex  | _                  | _                  | _                  | <b>A</b>     | _        | _        | _                | <b>A</b> |          |

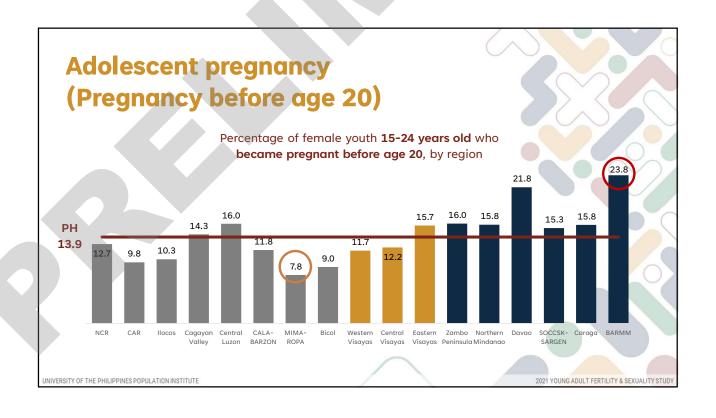


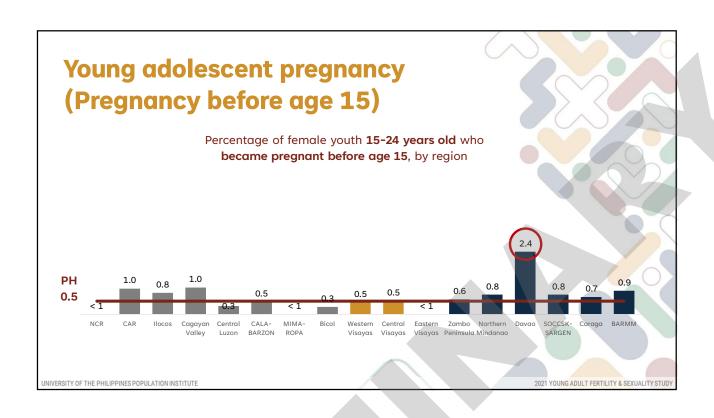


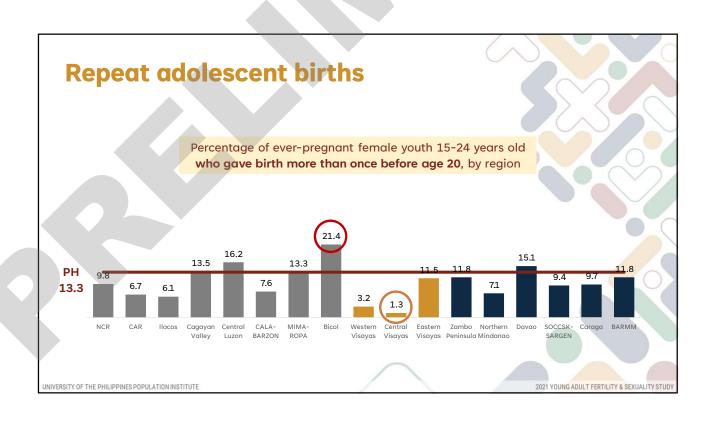


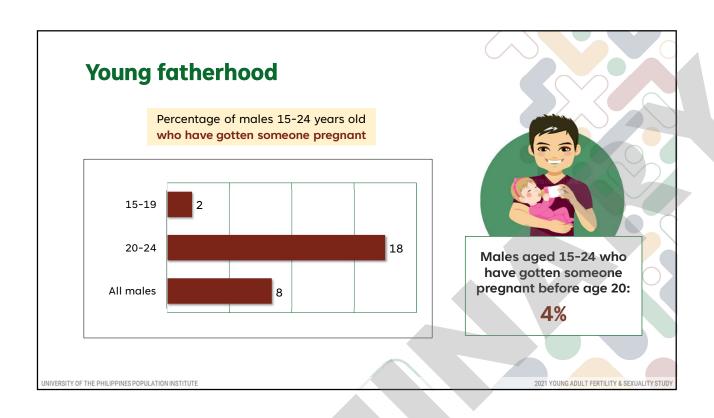


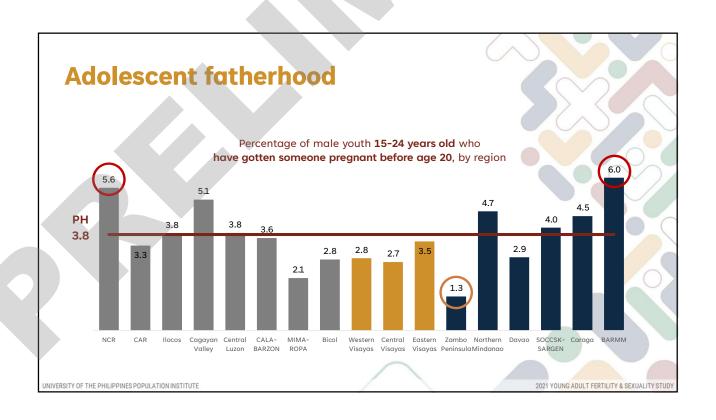




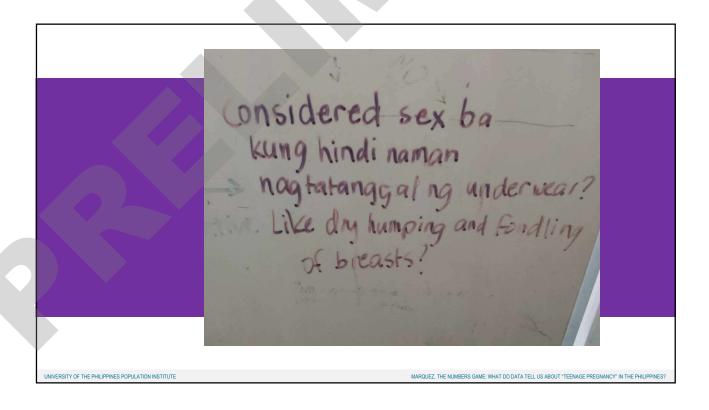


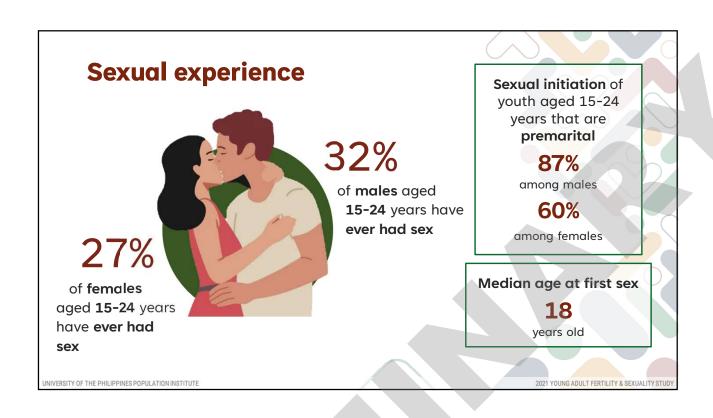


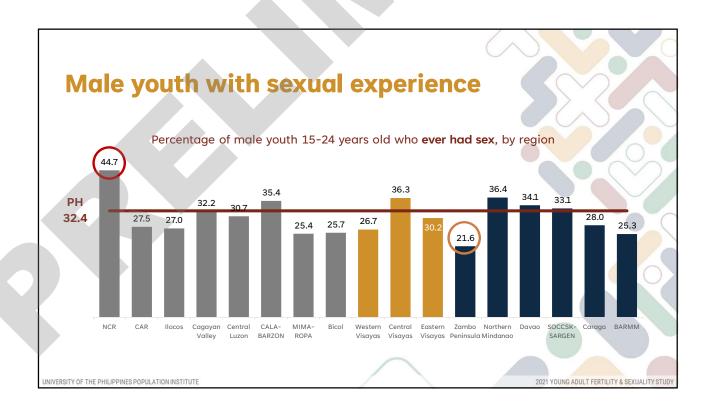


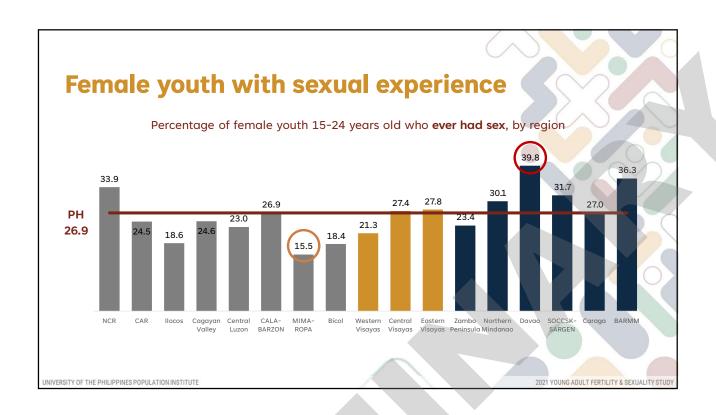


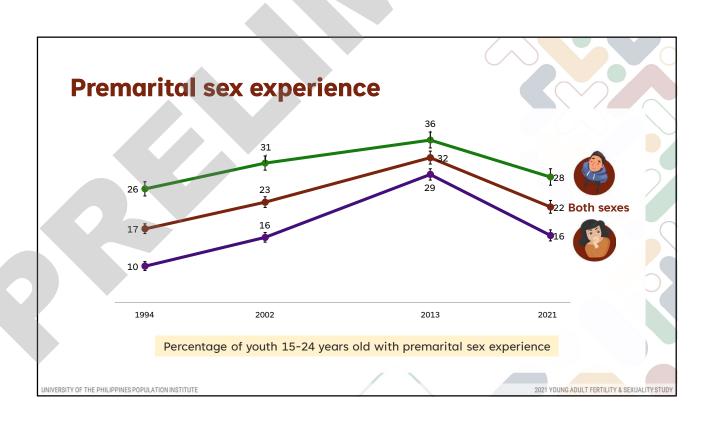
### **Sexual behavior**

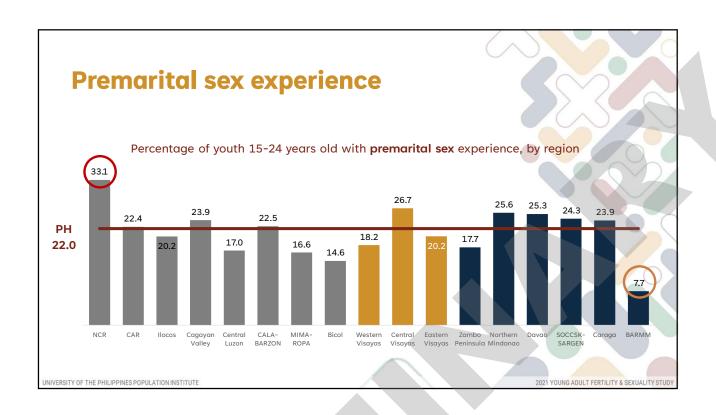


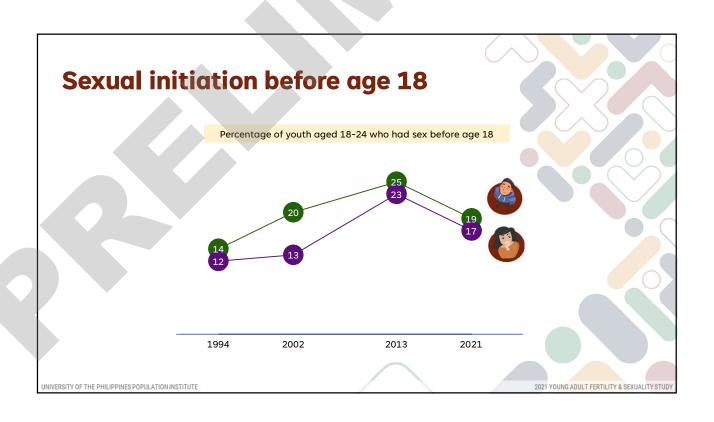


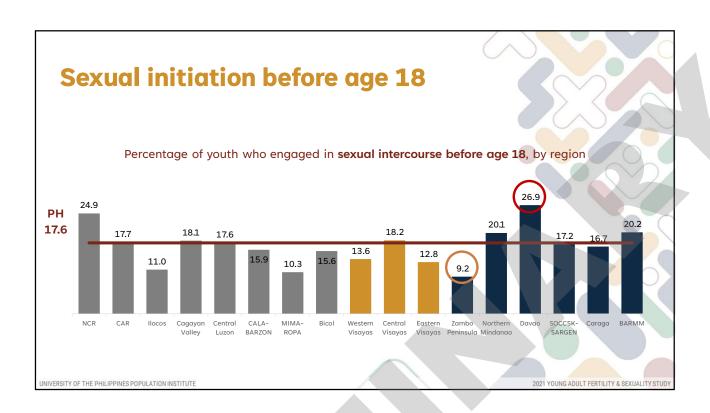


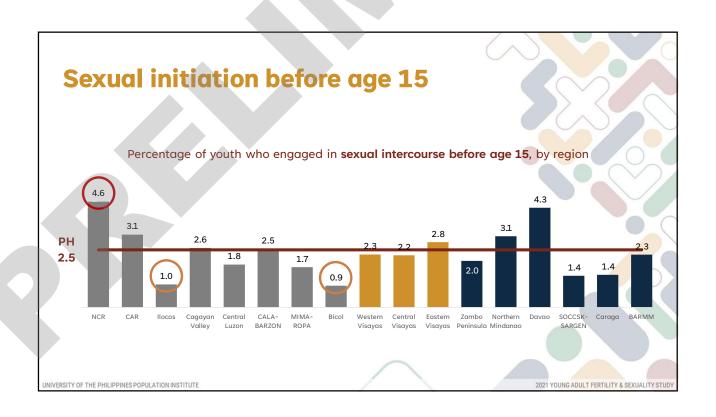


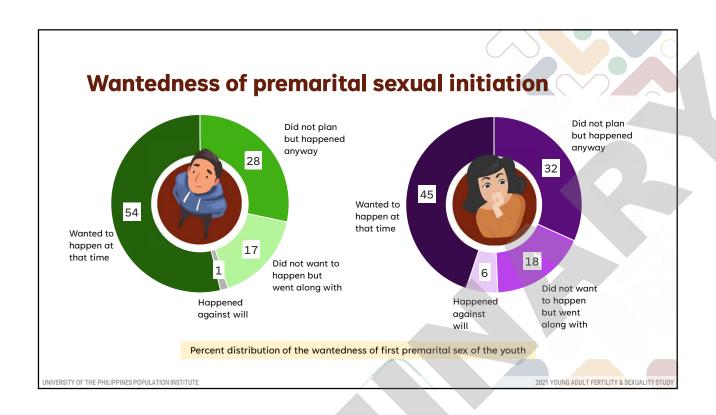


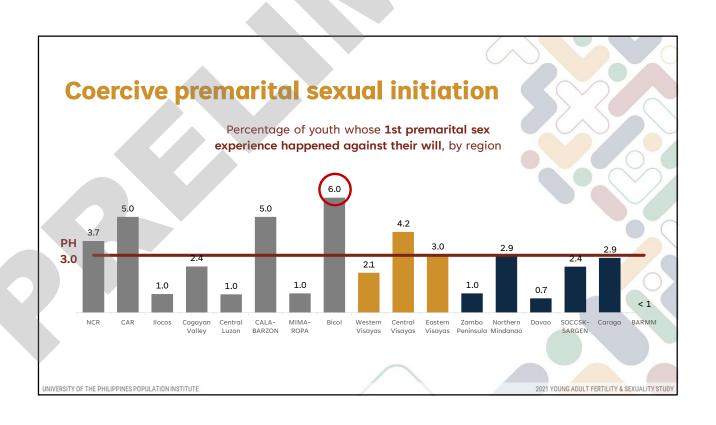


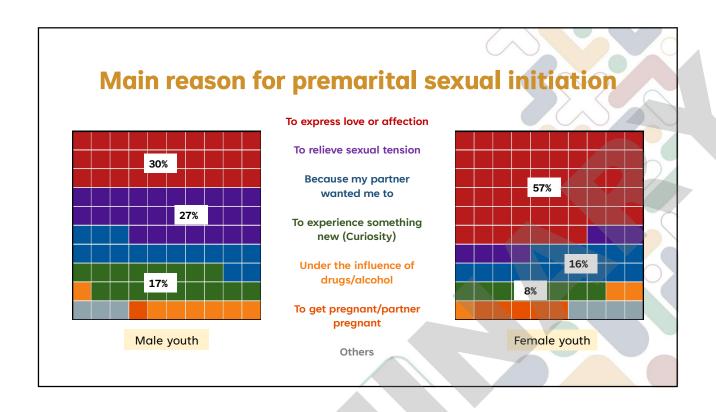


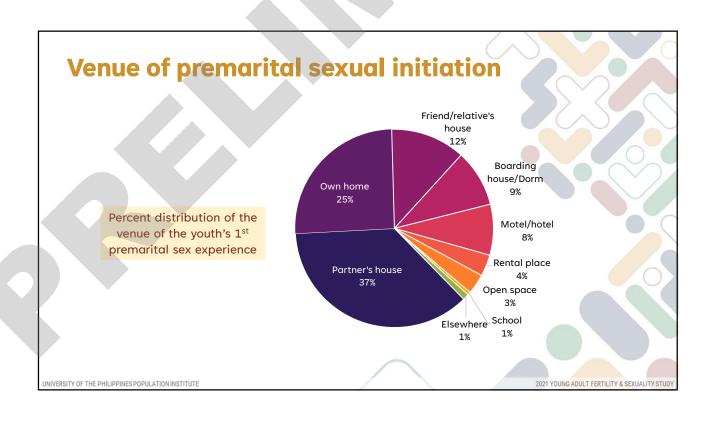


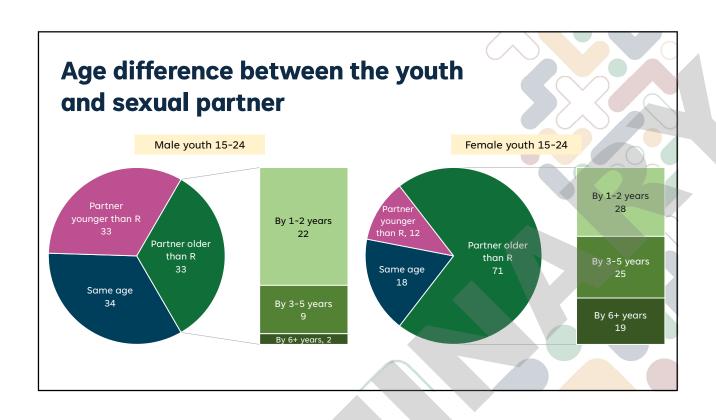


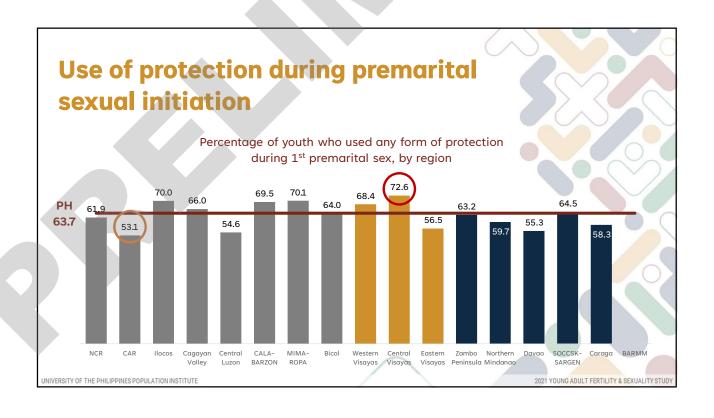


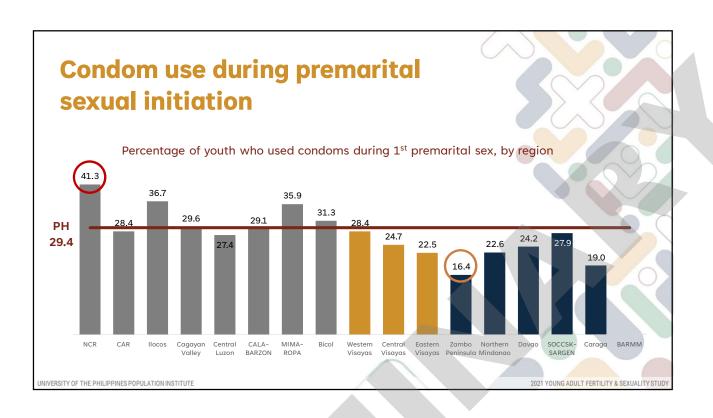


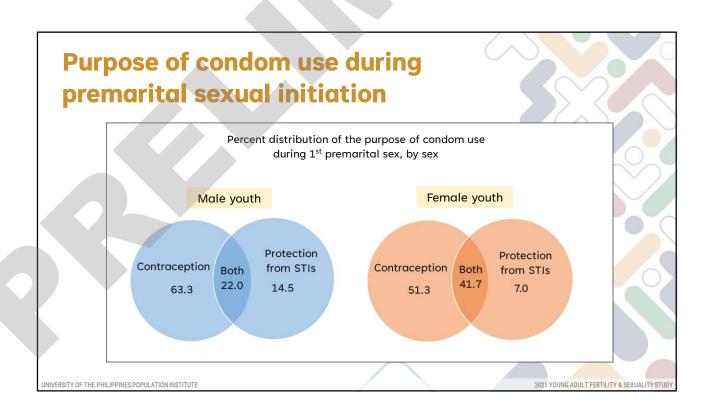


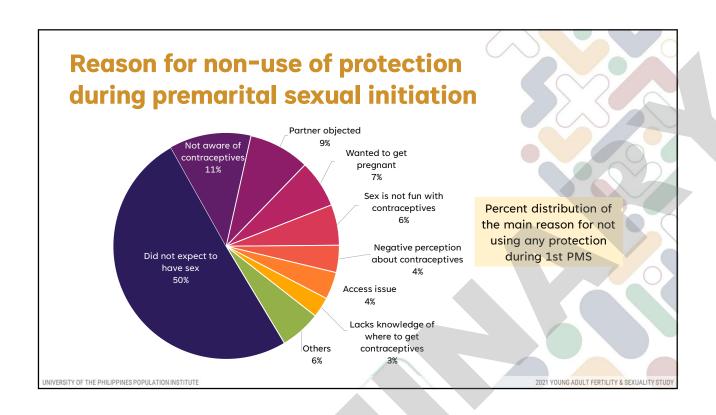


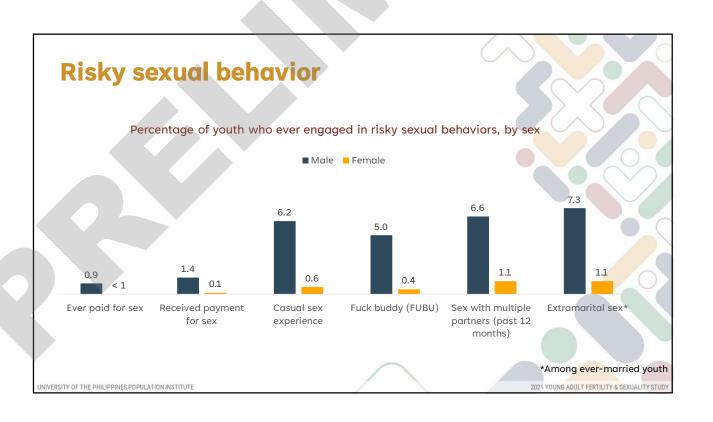


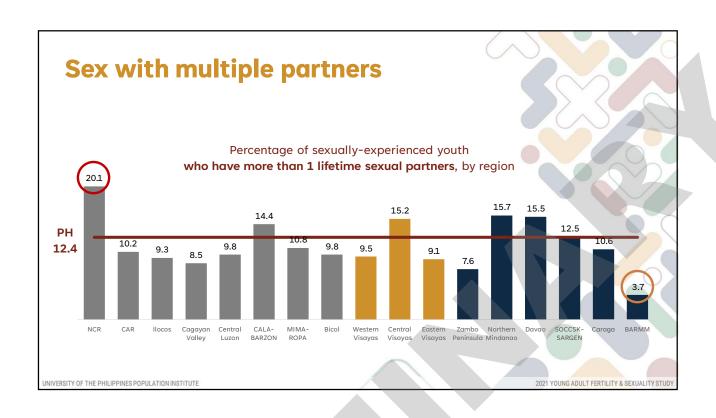


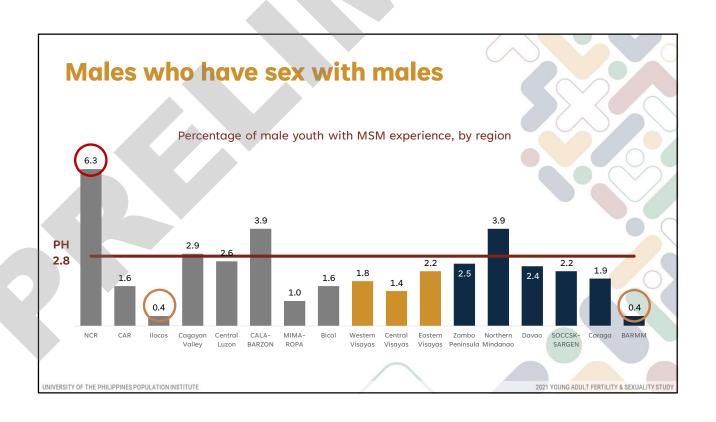


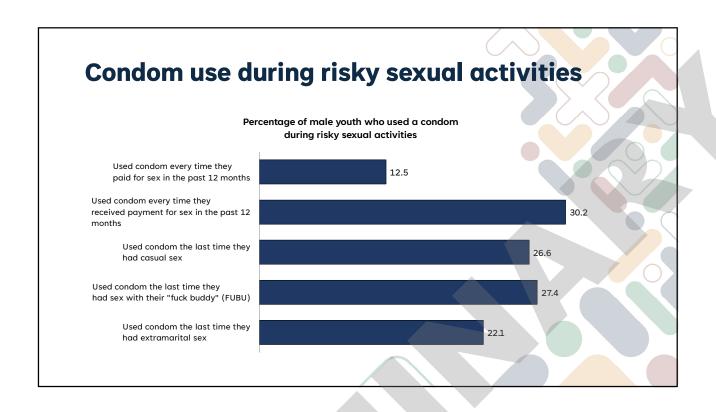


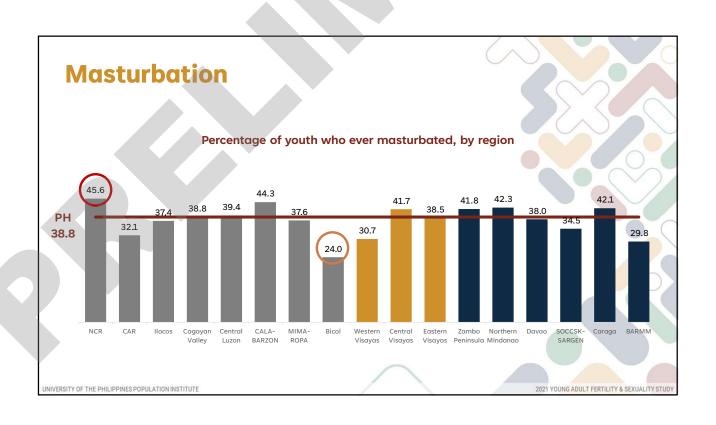


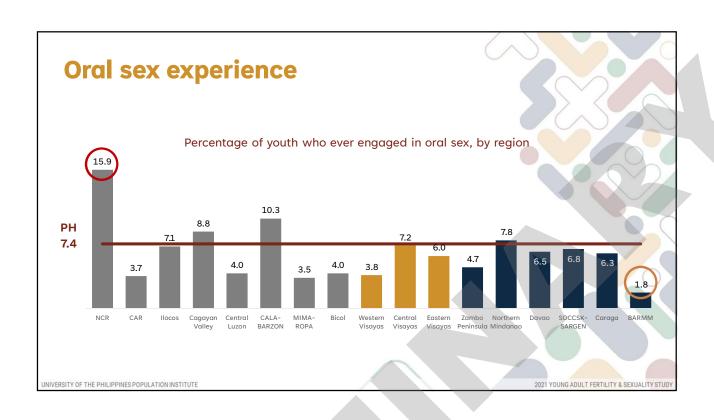


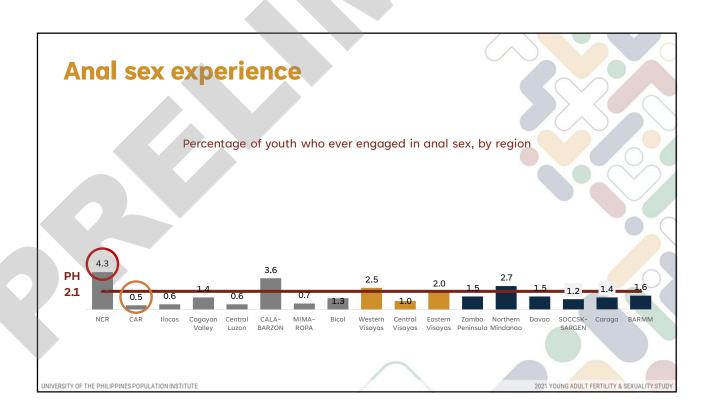


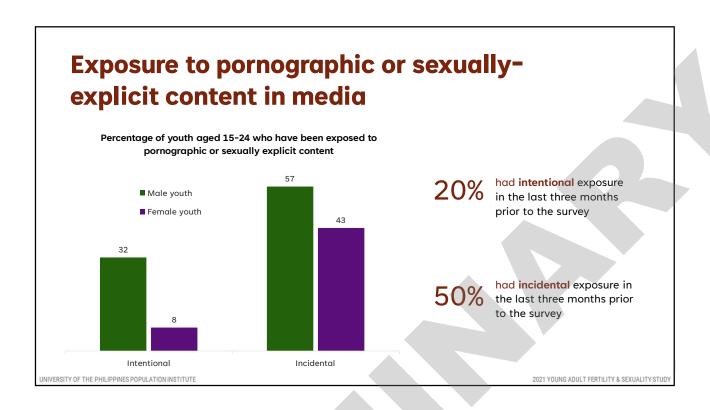


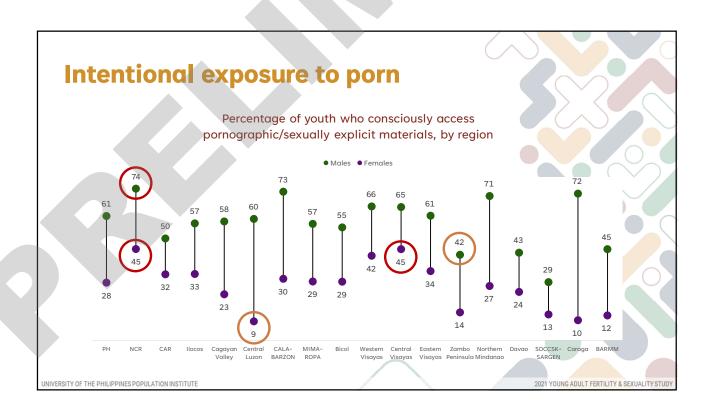


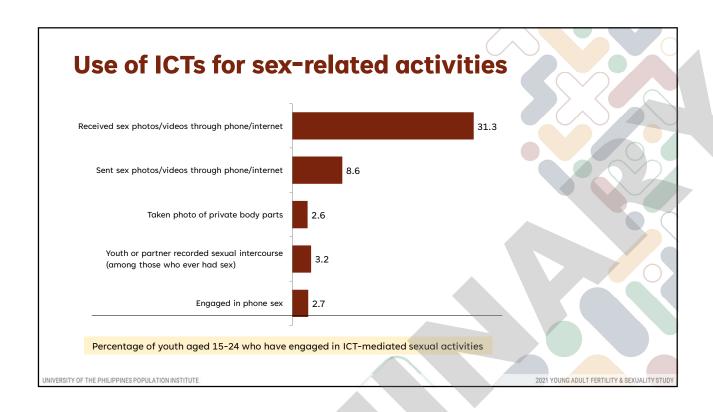




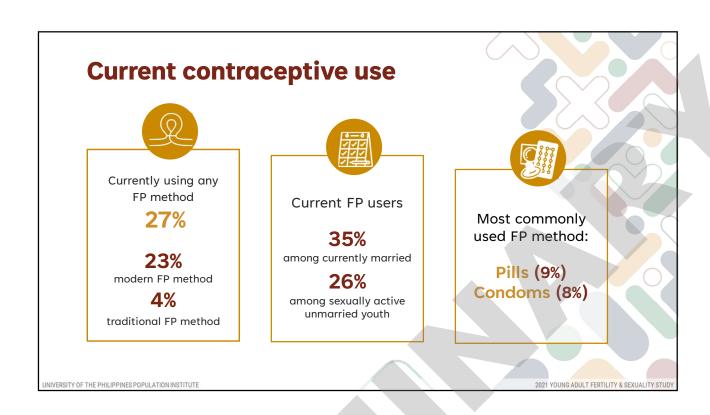


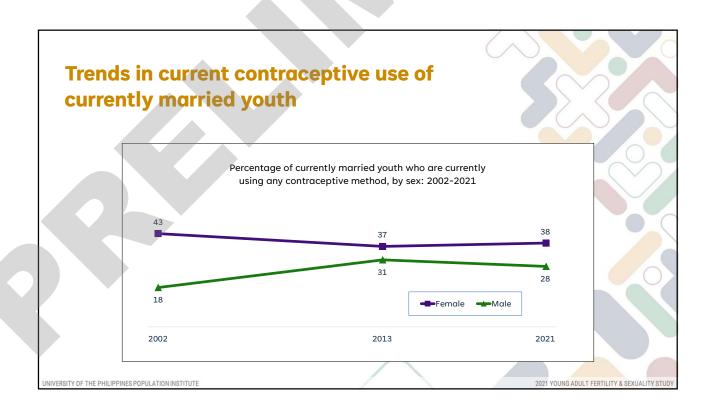


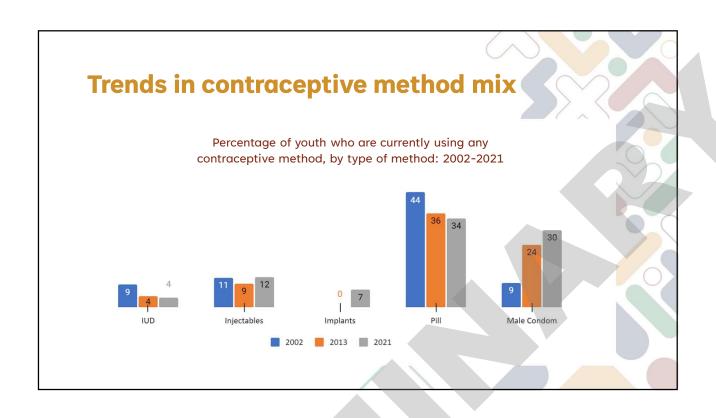


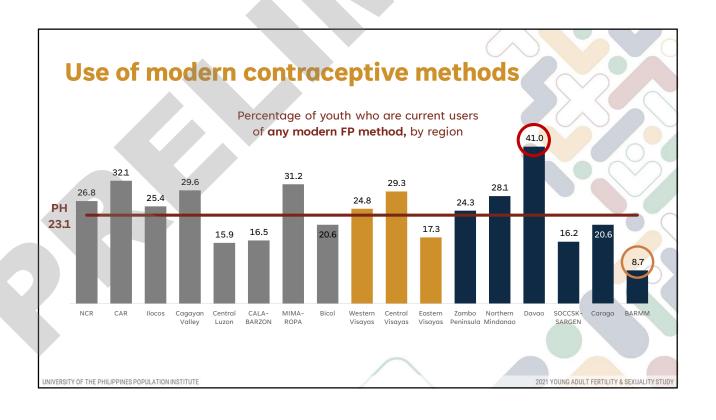


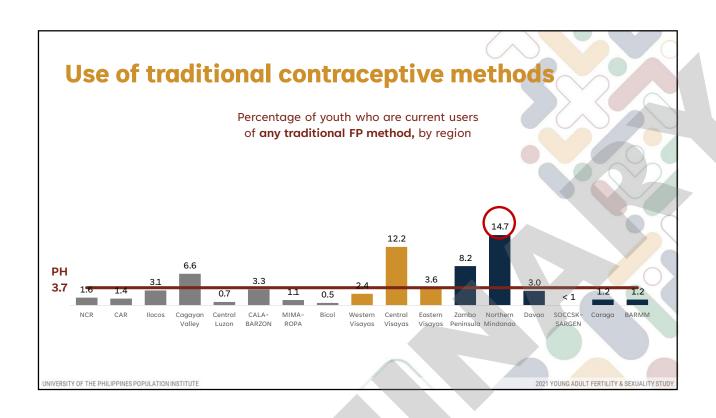


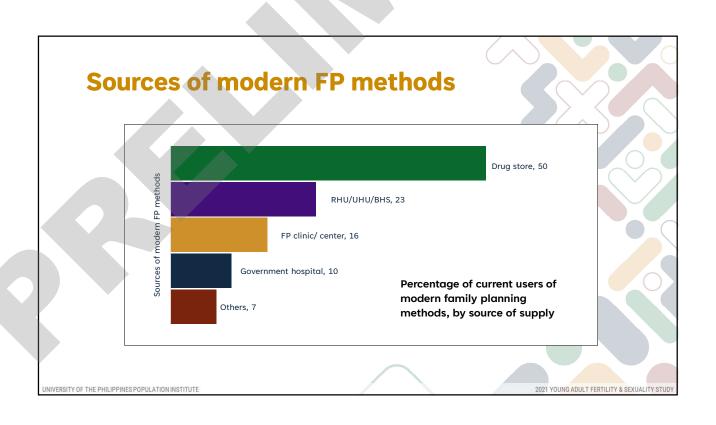


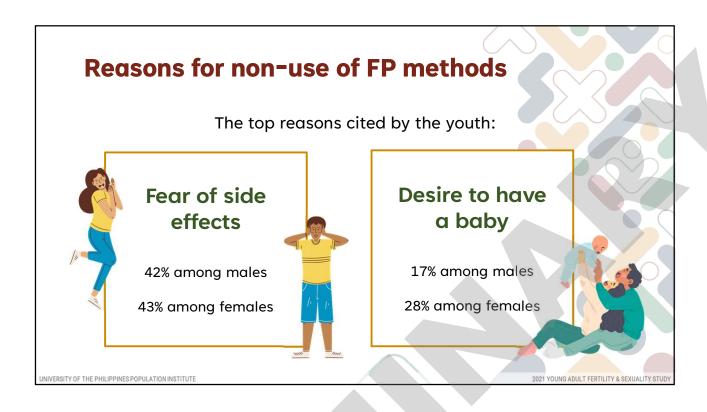


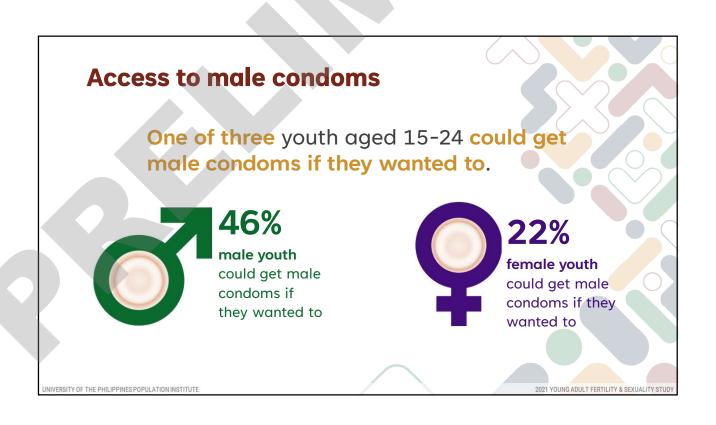


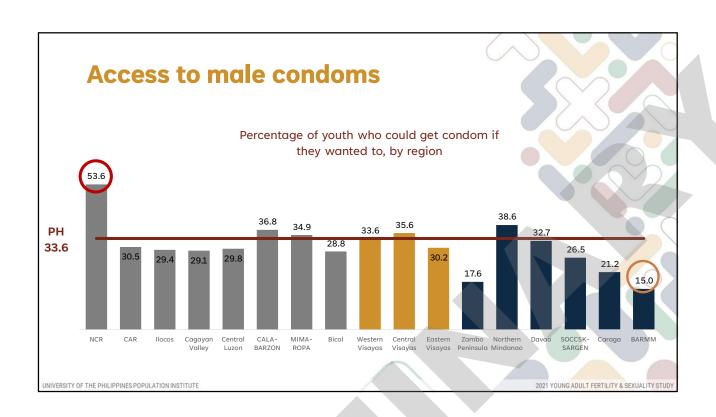


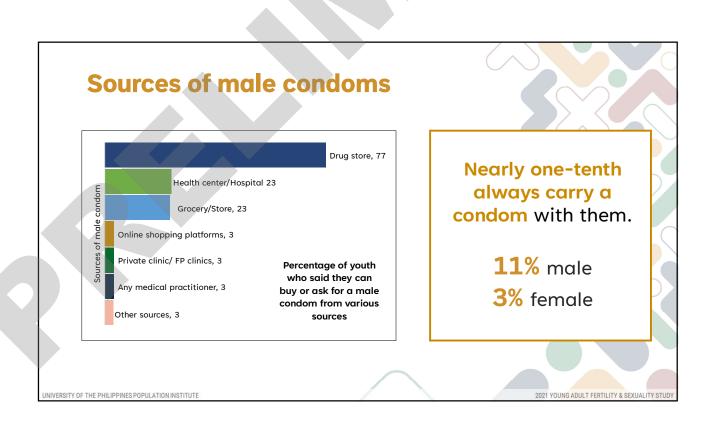












#### **Emergency contraceptive (EC) pills**

Awareness of EC pills is low.

17% males and 20% females have heard of EC pills.

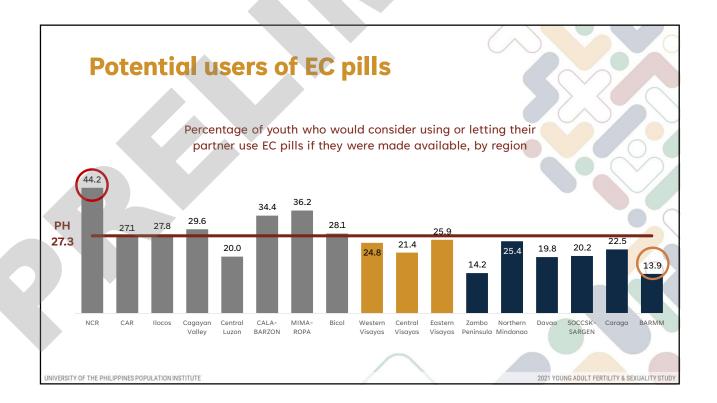


50% said these pills should be made available

but if EC pills were made available, only 27% would consider using or letting their partner use these pills

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60%

agreed that government health centers should provide contraceptive services to minors

67%

agreed that government health centers should provide contraceptive services to minors

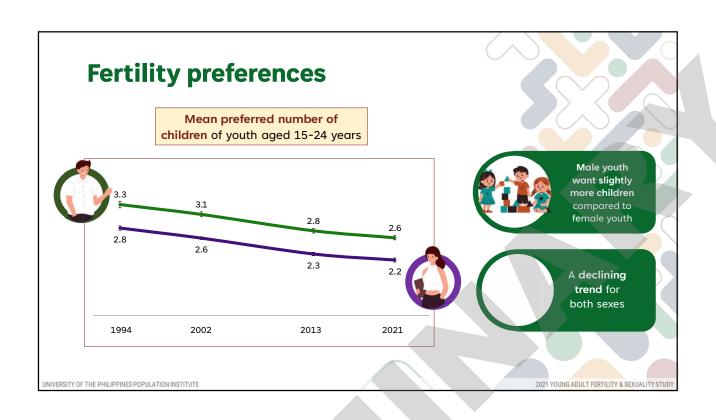
if there is parental consent

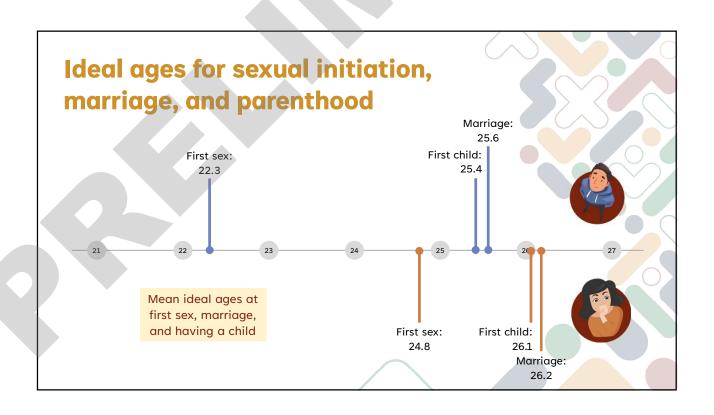


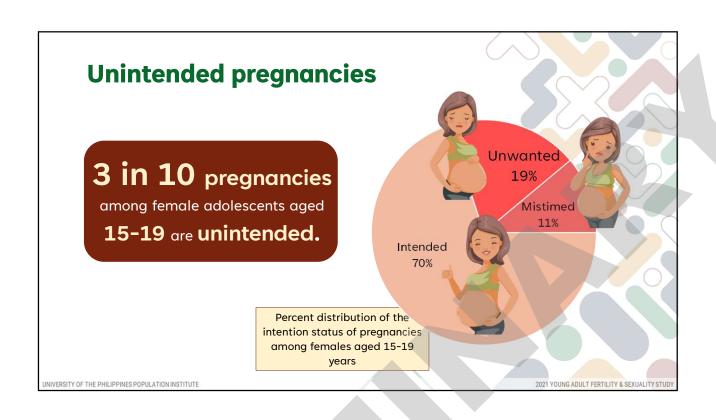
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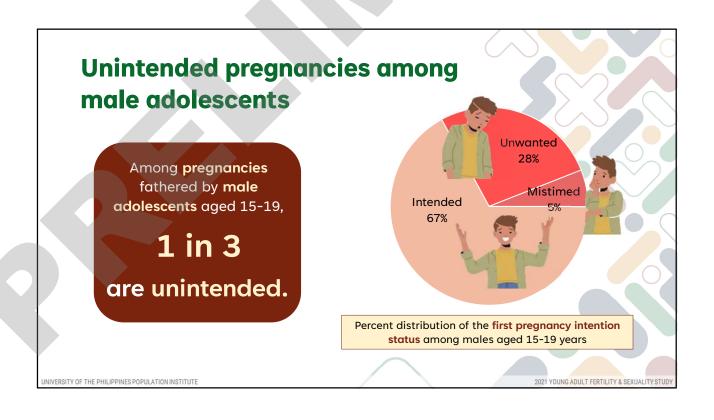
2021 YOUNG ADULT FERTILITY & SEXUALITY STUD

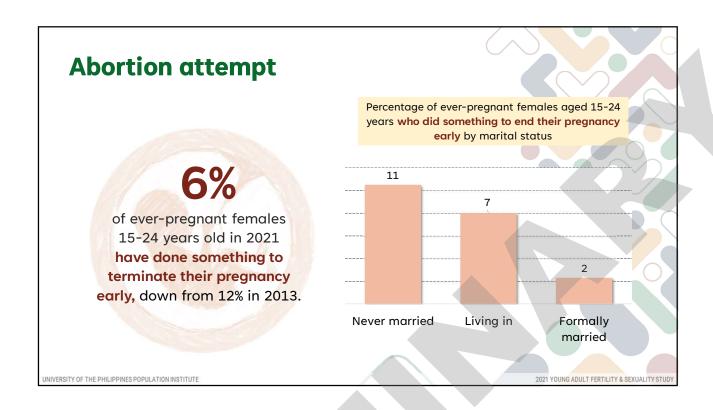
# **Fertility preferences**



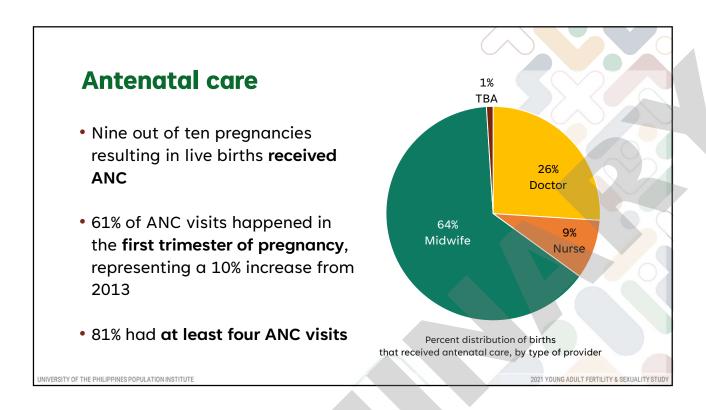


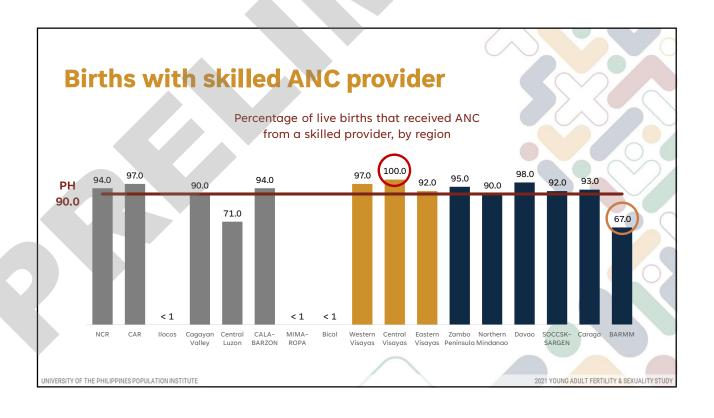


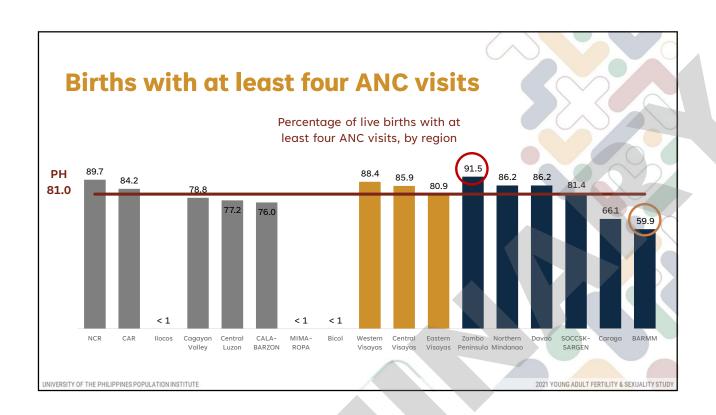


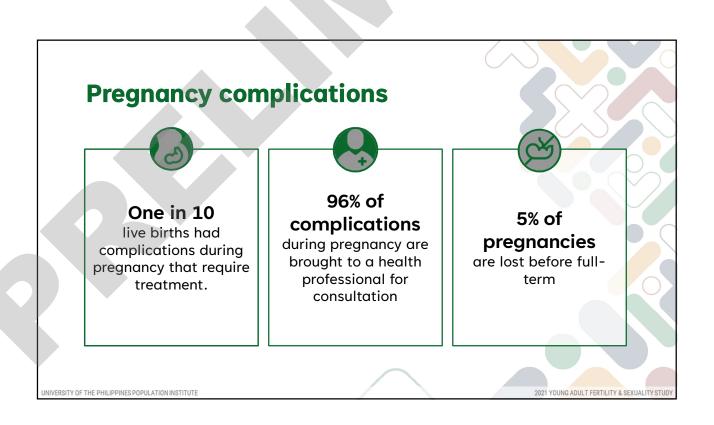


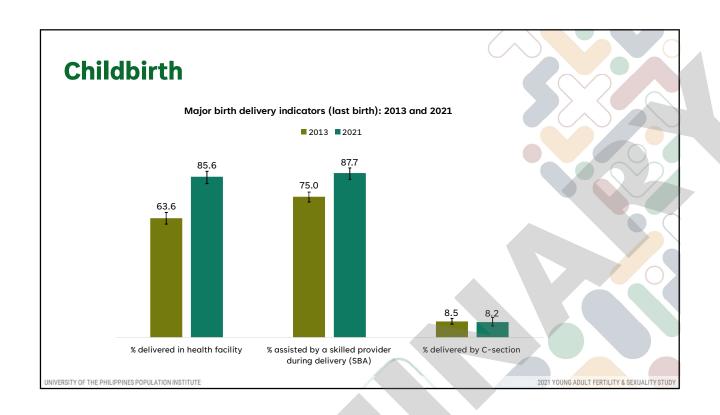


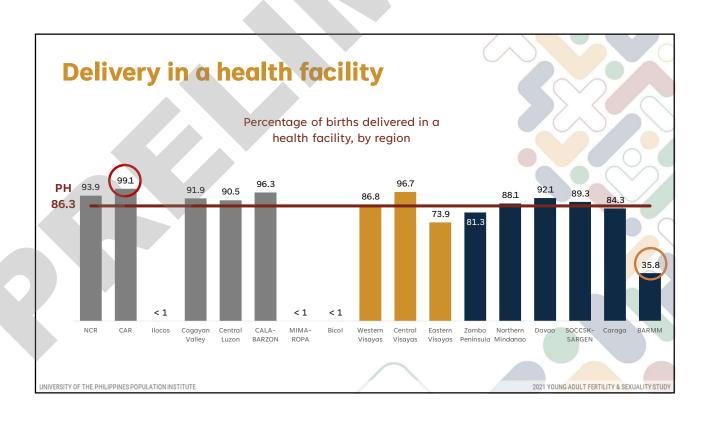


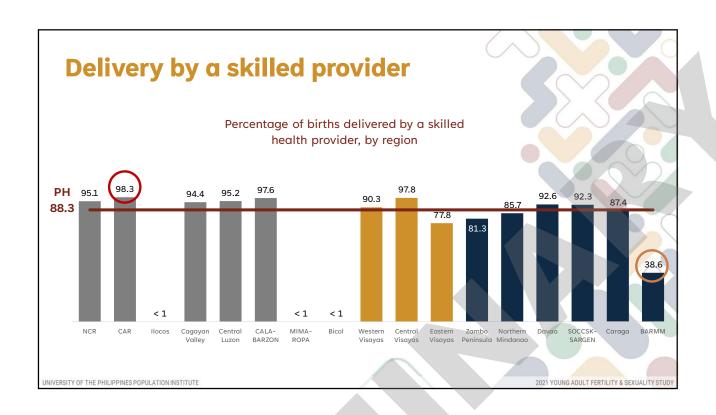


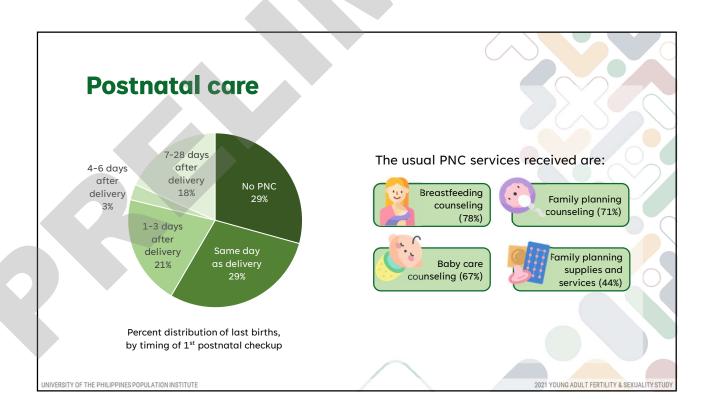


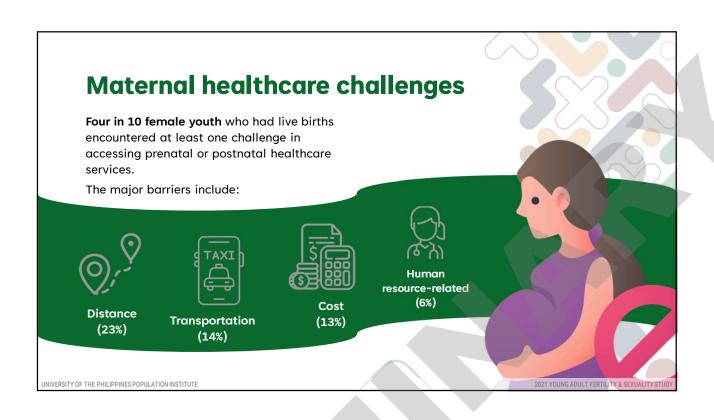














## Regional Scorecard: Visayas and Mindanao

| Indicators                                      | Western<br>Visayas | Central<br>Visayas | Eastern<br>Visayas | Zambo<br>Pen | N. Min | Davao    | SOCCSK<br>SARGEN | Caraga   | BARMM    |  |  |  |
|---|--------------------|--------------------|--------------------|--------------|--------|----------|------------------|----------|----------|--|--|--|
| Got pregnant before age 15                      |                    |                    | •                  | _            | _      | _        | <b>A</b>         | <b>A</b> |          |  |  |  |
| Got someone pregnant before age 20              | ▼                  | ▼                  | <b>A</b>           | <b>A</b>     | _      | _        | _                |          | <b>A</b> |  |  |  |
| Repeat adolescent births                        | <b>V</b>           | <b>V</b>           | <b>V</b>           | •            | •      | <b>A</b> | _                |          | 7        |  |  |  |
| Had sex before age 15                           | _                  | <b>V</b>           | <b>A</b>           | •            | _      | <b>A</b> | <b>-</b>         | •        | •        |  |  |  |
| 1 <sup>st</sup> PMS happened against their will | ▼                  | <b>A</b>           |                    | <b>V</b>     | •      | _        | _                | •        |          |  |  |  |
| Used protection during 1st PMS                  | <b>A</b>           | <b>A</b>           | <b>V</b>           | ▼            | _      | <b>V</b> |                  |          |          |  |  |  |
| Sex with multiple partners (lifetime)           | ▼                  | _                  | ▼                  | •            | _      | <b>A</b> | _                | -        | <b>V</b> |  |  |  |
| Access to male condoms                          |                    | <b>A</b>           | <b>V</b>           | _            |        | <b>V</b> | <b>V</b>         | ~        |          |  |  |  |
| Consider using EC pills                         | ▼                  | ▼                  | ▼                  | ▼            | •      | ~        | •                | _        | _        |  |  |  |
| Had at least four ANC visits                    | _                  | _                  | •                  | _            |        | <b>A</b> |                  | _        | _        |  |  |  |
| Births delivered by skilled provider            | _                  | _                  | _                  | _            | _      |          |                  | _        | _        |  |  |  |









# YAFS5 Regional Dissemination – Visayas and Mindanao

YAFS5 Research Communication & Strategic Planning Workshop Tagaytay Haven Hotel, Inc, Tagaytay City 6-10 November 2023

