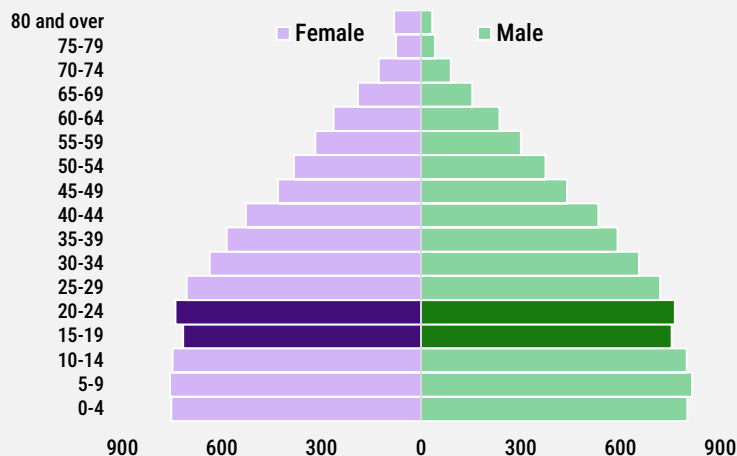


CALABARZON PROFILE

2021 YOUNG ADULT FERTILITY AND SEXUALITY STUDY



Population Pyramid of CALABARZON: 2020
(in thousands)



Source: Household population data from the 2020 Census of Population and Housing

The CALABARZON region exhibits a bell-shaped population pyramid, indicating its maturing population age structure owed to declining birth and death rates.

There are 2.9 million youth aged 15-24 in CALABARZON, constituting almost a fifth (18.4%) of the regional population. The region accounts for 14.5% of the country's youth population.

The following are the sociodemographic characteristics of the youth in CALABARZON compared with the whole country, based on the results from the 2021 Young Adult Fertility and Sexuality Study (YAFS5).

Table 1. Percent distribution of youth by selected background characteristics: CALABARZON and Philippines, YAFS 2021

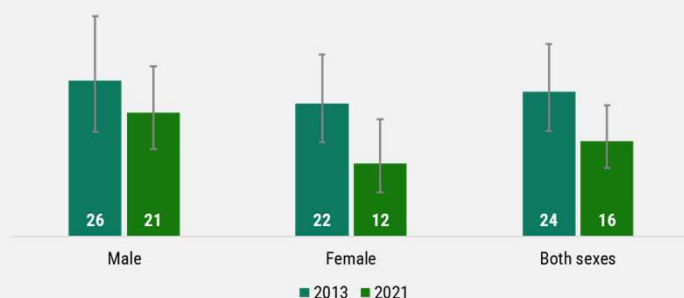
Background Characteristics	CALABARZON	Philippines
Sex		
Male	49.1	48.8
Female	50.9	51.2
Age		
15-19	61.1	58.9
20-24	38.9	41.1
Educational attainment		
No education/Elementary level	(5.8)	7.0
Grades 7-10	41.6	40.2
Grades 11-12	28.8	28.5
Some college or higher	23.9	24.3
Socioeconomic status (wealth quintile)		
Lowest (Poorest)	*	15.1
Second	9.5	17.8
Middle	17.9	19.2
Fourth	28.3	22.0
Highest (Wealthiest)	41.4	25.9

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Figure 1. Percentage of youth in CALABARZON who are smoking cigarettes



Figure 2. Percentage of youth in CALABARZON who have had sex before age 18



The tables below provide a picture of CALABARZON behavior in terms of the percentages of ages 15-24 who engage in certain activities and exhibit particular attributes.

Table 2. Percentage of youth by substance use experience, by sex and age group: CALABARZON, YAFS 2021

Substance use and abuse	Male			Female			Both sexes		
	15-19	20-24	15-24	15-19	20-24	15-24	15-19	20-24	15-24
Ever tried smoking	25.4	65.2	38.6	7.1	9.9	8.4	17.0	33.0	23.2
Currently smoking	14.5	43.0	23.9	2.8	1.5	2.2	9.1	18.8	12.9
Ever tried vaping	40.7	53.9	45.1	13.1	12.5	12.9	28.0	29.8	28.7
Currently vaping	6.1	6.4	6.2	0.9	2.9	1.8	3.7	4.4	4.0
Ever tried drinking	59.8	92.4	70.6	47.6	72.5	58.6	54.1	80.8	64.5
Currently drinking	39.0	69.0	48.9	12.5	23.8	17.5	26.8	42.7	32.9

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Table 3. Percentage of youth by suicidal experiences and experience of violence, by sex and age group: CALABARZON, YAFS 2021

Suicide and violence	Male			Female			Both sexes		
	15-19	20-24	15-24	15-19	20-24	15-24	15-19	20-24	15-24
Ever thought of committing suicide	5.2	15.2	8.5	19.0	16.6	17.9	11.6	16.0	13.3
Ever tried to commit suicide	2.3	4.6	3.0	10.0	10.9	10.4	5.8	8.3	6.8
Been physically hurt by someone in the past 12 months	18.9	16.2	18.0	17.9	8.8	13.8	18.4	11.9	15.9
Ever harassed someone using technology	8.1	12.0	9.4	4.2	2.0	3.2	6.3	6.2	6.3
Ever been harassed by someone using technology	15.1	14.6	14.9	22.4	12.4	17.9	18.5	13.3	16.5

Table 4. Percentage of youth with sexual experience, by sex and age group: CALABARZON, YAFS 2021

Sexual risk behaviors	Male			Female			Both sexes		
	15-19	20-24	15-24	15-19	20-24	15-24	15-19	20-24	15-24
Ever had premarital sex (PMS)	18.4	51.4	29.3	8.4	25.3	16.0	13.8	36.2	22.5
Ever had sex before the age of 18, among those aged 18-24	28.1	15.1	20.5	17.6	9.3	12.1	22.9	11.7	15.8
Used contraceptive at first PMS, among those who had PMS	(63.8)	69.9	67.3	(54.8)	81.2	73.5	61.3	74.5	69.5
Ever had casual sex among those who had sex	(35.9)	28.1	31.1	-	1.5	1.1	22.5	15.4	17.9
Ever been pregnant or gotten someone pregnant	3.3	11.2	6.0	7.9	31.7	18.0	5.4	23.6	12.5

Note. Figures in parentheses are based on 25-49 unweighted cases. A dash indicates that a figure is less than 0.1 percent.

Table 5. Percentage of female youth aged 15-19 who have begun childbearing, by single age: CALABARZON, YAFS 2021

Teenage fertility	Current age					
	15	16	17	18	19	15-19
Young women who have begun childbearing	-	(6.1)	(7.0)	(7.4)	(19.2)	7.6

Note. Figures in parentheses are based on 25-49 unweighted cases. A dash indicates that a figure is less than 0.1 percent.

Table 6. Percentage of youth who are aware of sexually transmitted infections, by sex and age group: CALABARZON, YAFS 2021

Sexual health awareness	Male			Female			Both sexes		
	15-19	20-24	15-24	15-19	20-24	15-24	15-19	20-24	15-24
Aware of Sexually Transmitted Infections (STIs)	50.0	70.9	56.9	45.9	56.6	50.7	48.1	62.6	53.8
Heard of HIV and/or AIDS	78.0	95.2	83.7	76.1	88.5	81.7	77.1	91.3	82.6
Comprehensive correct knowledge of HIV and/or AIDS	12.5	26.9	17.9	18.3	19.0	18.6	15.2	22.4	18.3

Table 7. Percentage of youth by use of information and communication technology, by sex and age group: CALABARZON, YAFS 2021

Use of information and communication technology	Male			Female			Both sexes		
	15-19	20-24	15-24	15-19	20-24	15-24	15-19	20-24	15-24
Use the internet	97.1	95.3	96.5	88.2	91.9	89.8	93.0	93.3	93.1
Has access to a smartphone	97.2	97.6	97.3	96.0	94.0	95.1	96.6	95.5	96.2
Had <i>incidental</i> exposure to pornographic or sexually explicit content in the last 3 months	62.8	72.1	65.8	53.3	47.2	50.6	58.4	57.6	58.1
Had <i>intentional</i> exposure to pornographic or sexually explicit content in the last 3 months	43.7	48.8	45.3	8.7	12.9	10.6	27.5	27.9	27.6
Ever sent sex photos or videos through phone or internet	19.9	19.5	19.8	4.2	3.6	3.9	12.6	10.2	11.7
Ever received sex photos or videos through phone or internet	34.9	35.9	35.3	28.8	24.8	27.0	32.1	29.5	31.1
Ever engaged in phone sex	2.4	1.1	2.0	2.5	2.0	2.3	2.4	1.6	2.1

Table 8. Percentage of youth by selected lifestyle indicators, by sex and age group: CALABARZON, YAFS 2021

Lifestyle	Male			Female			Both sexes		
	15-19	20-24	15-24	15-19	20-24	15-24	15-19	20-24	15-24
Do physical exercise	70.5	66.7	69.3	60.4	55.9	58.4	65.9	60.4	63.7
With at least 8 average hours of sleep everyday	64.4	49.0	59.3	65.0	56.9	61.4	64.7	53.6	60.4

Suggested citation: University of the Philippines Population Institute (UPPI). (2023, January). *YAFS5 regional profile: CALABARZON*. <https://www.uppi.upd.edu.ph/sites/default/files/pdf/yafs5-regional-profiles-CALABARZON.pdf>