# BANGSAMORO AUTONOMOUS REGION IN MUSLIM MINDANAO (BARMM) PROFILE 2021 YOUNG ADULT FERTILITY AND SEXUALITY STUDY 

Population Pyramid of BARMM: 2020 (in thousands)


Table 1. Percent distribution of youth by selected background characteristics: BARMM and Philippines, YAFS 2021

| Background Characteristics | BARMM | Philippines |
| :---: | :---: | :---: |
| Sex |  |  |
| Male | 49.4 | 48.8 |
| Female | 50.6 | 51.2 |
| Age |  |  |
| 15-19 | 55.9 | 58.9 |
| 20-24 | 44.2 | 41.1 |
| Educational attainment |  |  |
| No education/Elementary level | 24.2 | 7.0 |
| Grades 7-10 | 46.3 | 40.2 |
| Grades 11-12 | 14.3 | 28.5 |
| Some college or higher | 15.2 | 24.3 |
| Socioeconomic status (wealth quintile) |  |  |
| Lowest (Poorest) | 47.0 | 15.1 |
| Second | 25.7 | 17.8 |
| Middle | 11.9 | 19.2 |
| Fourth | (9.0) | 22.0 |
| Highest (Wealthiest) | (6.4) | 25.9 |

Note. Figures in parentheses are based on 25-49 unweighted cases

The Bangsamoro Autonomous Region in Muslim Mindanao (BARMM) exhibits an expansive population pyramid, indicating a young and growing population.

There are 1.0 million youth aged $15-24$ in BARMM, constituting a fifth $(21 \%)$ of the regional population. The region accounts for $5 \%$ of the country's youth population.

The following are the sociodemographic characteristics of the youth in BARMM compared with the whole country, based on the results from the 2021 Young Adult Fertility and Sexuality Study (YAFS5).

Figure 1. Percentage of youth in BARMM who are smoking cigarettes, by sex


Figure 2. Percentage of female youth of aged 15-19 in BARMM who have begun childbearing


The tables below provide a picture of BARMM youth behavior in terms of the percentages of ages $15-24$ who engage in certain activities and exhibit particular attributes.

Table 2. Percentage of youth by substance use experience, by sex and age group: BARMM, YAFS 2021

| Substance use and abuse | Male |  |  | Female |  |  | Both sexes |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 15-19 | 20-24 | 15-24 | 15-19 | 20-24 | 15-24 | 15-19 | 20-24 | 15-24 |
| Ever tried smoking | 35.7 | 70.2 | 50.4 | 8.0 | 10.5 | 9.1 | 22.0 | 39.1 | 29.5 |
| Currently smoking | 14.4 | 42.6 | 26.5 | 1.0 | - | 0.6 | 7.8 | 20.4 | 13.4 |
| Ever tried vaping | 20.1 | 30.1 | 24.4 | 1.7 | 0.7 | 1.3 | 11.0 | 14.8 | 12.7 |
| Currently vaping | 4.3 | 4.9 | 4.6 | - | - | - | 2.2 | 2.3 | 2.3 |
| Ever tried drinking | 7.1 | 36.7 | 19.7 | 6.1 | 7.7 | 6.8 | 6.6 | 21.6 | 13.2 |
| Currently drinking | 1.8 | 6.0 | 3.6 | - | - | - | 0.9 | 2.9 | 1.8 |

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Table 3. Percentage of youth by suicidal experiences and experience of violence, by sex and age group: BARMM, YAFS 2021

| Suicide and violence | Male |  |  | Female |  |  | Both sexes |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 15-19 | 20-24 | 15-24 | 15-19 | 20-24 | 15-24 | 15-19 | 20-24 | 15-24 |
| Ever thought of committing suicide | 6.1 | 7.4 | 6.7 | 18.9 | 17.4 | 18.2 | 12.4 | 12.6 | 12.5 |
| Ever tried to commit suicide | 3.4 | 3.4 | 3.4 | 3.3 | 6.1 | 4.6 | 3.3 | 4.8 | 4.0 |
| Been physically hurt by someone in the past 12 months | 15.1 | 21.3 | 17.7 | 11.7 | 2.8 | 7.6 | 13.4 | 11.6 | 12.6 |
| Ever harassed someone using technology | 3.4 | 3.3 | 3.4 | 6.2 | 1.9 | 4.3 | 4.8 | 2.6 | 3.8 |
| Ever been harassed by someone using technology | 13.8 | 9.2 | 11.8 | 7.7 | 1.7 | 5.0 | 10.8 | 5.3 | 8.4 |

Table 4. Percentage of youth with sexual experience, by sex and age group: BARMM, YAFS 2021

| Sexual risk behaviors | Male |  |  | Female |  |  | Both sexes |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 15-19 | 20-24 | 15-24 | 15-19 | 20-24 | 15-24 | 15-19 | 20-24 | 15-24 |
| Ever had premarital sex (PMS) | 6.0 | 23.8 | 13.7 | 1.2 | 3.1 | 2.0 | 3.6 | 13.0 | 7.8 |
| Ever had sex before the age of 18, among those aged 18-24 | 15.8 | 15.8 | 15.8 | 22.2 | 24.5 | 23.7 | 19.4 | 20.3 | 20 |
| Used contraceptive at first PMS, among those who had PMS | * | (75.7) | (69.9) | - | - | - | (44.1) | 66.4 | 60.6 |
| Ever had casual sex among those who had sex | * | (4.5) | (6.4) | - | - | - | (5.0) | 2.0 | 2.6 |
| Ever been pregnant or gotten someone pregnant | - | 27.1 | 11.9 | 10.0 | 51.4 | 28.6 | 4.9 | 39.4 | 20.1 | Note. Figures in parentheses are based on $25-49$ unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed. A dash indicates that a figure is less than 0.1 percent.

## Table 5. Percentage of female youth aged 15-19 who have begun childbearing, by single age: BARMM, YAFS 2021

| Teenage fertility | Current age |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 15 | 16 | 17 | 18 | 19 | $15-19$ |  |
| Young women who have begun childbearing | - | - | $*$ | $*$ | $*$ | 10.0 |  |

Note. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed. A dash indicates that a figure is less than 0.1 percent.
Table 6. Percentage of youth who are aware of sexually transmitted infections, by sex and age group: BARMM, YAFS 2021

| Sexual health awareness | Male |  |  | Female |  |  | Both sexes |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 15-19 | 20-24 | 15-24 | 15-19 | 20-24 | 15-24 | 15-19 | 20-24 | 15-24 |
| Aware of Sexually Transmitted Infections (STIs) | 10.3 | 12.2 | 11.1 | 10.9 | 16.4 | 13.4 | 10.6 | 14.4 | 12.3 |
| Heard of HIV and/or AIDS | 23.7 | 49.6 | 34.8 | 35.8 | 51.1 | 42.7 | 29.7 | 50.4 | 38.8 |
| Comprehensive correct knowledge of HIV and/or AIDS | 2.3 | 10.4 | 7.2 | 4.9 | 19.4 | 12.8 | 3.8 | 15.1 | 10.3 |

Table 7. Percentage of youth by use of information and communication technology, by sex and age group: BARMM, YAFS 2021

| Use of information and communication technology | Male |  |  | Female |  |  | Both sexes |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 15-19 | 20-24 | 15-24 | 15-19 | 20-24 | 15-24 | 15-19 | 20-24 | 15-24 |
| Use the internet | 68.7 | 80.8 | 73.9 | 75.6 | 68.7 | 72.5 | 72.1 | 74/5 | 73.2 |
| Has access to a smartphone | 87.5 | 86.7 | 87.2 | 86.9 | 77.0 | 82.4 | 87.2 | 81.7 | 84.8 |
| Had incidental exposure to pornographic or sexually explicit content in the last 3 months | 38.4 | 47.5 | 42.3 | 28.1 | 24.3 | 26.3 | 33.3 | 35.4 | 34.2 |
| Had intentional exposure to pornographic or sexually explicit content in the last 3 months | 23.1 | 24.1 | 23.5 | 6.2 | 1.9 | 4.3 | 14.7 | 12.6 | 13.8 |
| Ever sent sex photos or videos through phone or internet | 9.5 | 17.2 | 12.8 | 1.1 | 0.7 | 0.9 | 5.4 | 8.6 | 6.8 |
| Ever received sex photos or videos through phone or internet | 17.8 | 25.3 | 21.0 | 13.4 | 13.1 | 13.3 | 15.6 | 19.0 | 17.1 |
| Ever engaged in phone sex | 1.6 | 4.0 | 2.6 | - | - | - | 0.8 | 1.9 | 1.3 |

## Table 8. Percentage of youth by selected lifestyle indicators, by sex and age group: BARMM, YAFS 2021

| Lifestyle | Male |  |  | Female |  |  | Both sexes |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 15-19 | 20-24 | 15-24 | 15-19 | 20-24 | 15-24 | 15-19 | 20-24 | 15-24 |
| Do physical exercise | 64.4 | 64.1 | 64.3 | 52.7 | 55.9 | 54.2 | 58.6 | 59.8 | 59.2 |
| With at least 8 average hours of sleep everyday | 78.5 | 73.2 | 76.2 | 83.3 | 63.0 | 74.1 | 80.9 | 67.9 | 75.2 |

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[^0]:    Suggested citation: University of the Philippines Population Institute (UPPI). (year, month date). YAFS5 regional profile: Bangsamoro Autonomous Region In Muslim Mindanao (BARMM). https://www.uppi.upd.edu.ph/sites/default/files/pdf/yafs5-regional-profiles-BARMM.pdf

