



Filipino Adolescent and Youth: Context, Continuity, and Change

ANNOTATED OUTLINE



Chapter 1: Demography of the Filipino Youth and the YAFS

Authors: Maria Midea M. Kabamalan, Maria Paz N. Marquez, Elma P. Laguna, and Klarriness P. Tanalgo

This chapter provides a demographic overview of the youth in the Philippines and within this context, the importance of having up-to-date data about the youth. An overview of the YAFS5 project, including the study objectives and design, is then presented.

Chapter 2: COVID-19

Author: Josefina N. Natividad

The COVID-19 pandemic has permeated almost every aspect of young people's lives. Since the pandemic brought about several changes to their living condition, this chapter sets the context and expectations for the succeeding ones. The focus of this chapter is to capture in brief the immediate COVID-19 experiences of the youth and their household, including symptoms and testing, vaccination, health practices for COVID-19 prevention, and primary sources of information on COVID-19.

Chapter 3: Family and Friends

Author: Michael Dominic C. Del Mundo, Connille L. Abellera, and Jane Alexandra A. Siwa

As the youth put increasing importance on their interpersonal relationships, discussion on family-peer linkage is vital in furthering our understanding of who they are and what it was like when they were growing up. Hence, this round of YAFS devotes a chapter solely to discussing these major influences on their lives. Included are some aspects of family and peer relationships, such as parenting styles of parents or guardians, number of siblings and the quality of their relationship, number of close friends, interaction with close friends before and after the pandemic, and number of online friends.

Chapter 4: School, Work, and Community

Authors: Elma P. Laguna and Sanny D. Afile

This chapter delves into organized social institutions—namely, school, work, and community—which are fundamental to the youth's professional and socio-civic development. The section on school captures the education trajectories of the youth, students' experiences during the COVID-19 pandemic, as well as relevant information on K-12 graduates and students. The section on work presents employment indicators of the youth, their occupation, and the perceived relevance of their education to their work. Finally, the section on community includes the youth's socio-civic involvement, including their participation in community activities, volunteer work, and their voter registration status and voting intention in the May 9, 2022 national elections.

Chapter 5: ICT Use

Authors: Violeda A. Umali and Elma P. Laguna

Rapid developments in information and communications technology (ICT) have dramatically changed the landscape of media engagement in recent years. This chapter presents the patterns of media use among young people, primarily the pervasive

impacts of the internet and social media on their day-to-day lives. Topics covered in this chapter include the youth's access to various information and communications technology (ICT), forms and frequency of general media use, and extent of Internet use. Finally, the chapter captures the youth's experience of cyberharassment, exposure to pornography, and engagement in ICT-mediated sexual activities.

Chapter 6: Lifestyle

Author: Josefina N. Natividad

This chapter describes the youth's health and lifestyle habits and behaviors before and after the pandemic, which are essential indicators of diseases' onset and course. The pandemic may have aggravated the habits and behaviors acquired in the early years, particularly behaviors related to sleep, diet, exercise, travel and leisure, physical health, and self-assessed health and disposition of young people.

Chapter 7: Mental Health

Author: Sanny D. Afbale

For the first time, the YAFS dedicates a separate chapter to discussing the state of mental health of the youth using two sets of indicators, namely, their depressive symptoms and experience of suicide ideation and attempt. In addition, trends for selected indicators are presented to understand the possible impacts of the pandemic on young people's mental wellbeing.

Chapter 8: Health Risk Behaviors and Physical Violence

Author: Maria Midea M. Kabamalan, Jeconiah K. Boongaling, and Micaella Lou-Andrea M. Garduce

Non-sexual risk behaviors are among the themes that the YAFS series has consistently examined since 1994. This chapter covers and updates knowledge on major non-sexual risk behaviors, namely, smoking, drinking, drug use, and violence. For the first time, too, the YAFS examines the phenomenon of vaping and its relationship with smoking behaviors. Aside from the prevalence of these non-sexual risk behaviors, the age at initiation of smoking and drinking as well as the trend over the years are explored.

Chapter 9: Sexual Behavior

Author: Maria Paz N. Marquez

This chapter presents the sexual experiences of today's youth, which are core topics of the YAFS series. In particular, Chapter 9 describes the engagement of the youth in premarital sex, higher-risk sexual activities, and other forms of sexual expression. It also highlights the age at sexual initiation and other important indicators such as wantedness of and contraceptive use during higher-risk sexual activities. Trends for some of these sexual behaviors are also shown in this chapter.

Chapter 10: Gender Identity, Gender Expression, and Sexual Orientation

Author: Christian Joy P. Cruz

This chapter discusses the sexual orientation, gender identity and gender expression (SOGIE) of the youth. The first section presents the dimensions of sexual orientation which include identity, feelings of attraction, and behavior (i.e., romantic relationships, and sexual contacts). The next section emphasizes the incongruence between a person's gender identity and sex assignment at birth. For the first time, the YAFS asked questions regarding gender expression. The chapter also provides background on non-heterosexual personal contacts of the youth that may influence their SOGIE formation. Finally, the chapter draws attention to any confusion experienced by the youth because of their SOGIE.

Chapter 11: Fertility and Fertility Preferences

Author: Michael Dominic C. Del Mundo and Queenie Rose E. Chico

This chapter provides a rich source of information on youth fertility by collecting the pregnancy history of women ages 15 to 24 years old. In this chapter, the discussion centers on the fertility behaviors of the youth, particularly pregnancy and motherhood, teenage fertility, fertility preference, and pregnancy termination. More importantly, this chapter highlights male teen fertility and early fatherhood, a topic that is often overlooked in fertility studies.

Chapter 12: Maternal Health

Author: Grace T. Cruz and Queenie Rose E. Chico

Also a first in the YAFS series, a separate chapter is dedicated to discussing the state of maternal health among young Filipino women, using both data on women who ever had a live birth and information on live births. The three sections on antenatal care, childbirth, and postnatal check emphasize the quality of healthcare received by women before, during, and after delivery. In addition, the section on complications and challenges provides background on complications experienced by women throughout and after the pregnancy, as well as the challenges they encountered in accessing maternal health services.

Chapter 13: Reproductive Health

Author: Vicente B. Jurlano and Micaella Lou-Andrea M. Garduce

This chapter deals with the reproductive health of the youth, from biological maturation to sexual health decisions. Experience and awareness of reproductive health problems, specifically STIs and HIV/AIDS, are emphasized in this chapter given that these issues profoundly impact young people's health.

Chapter 14: Family Planning

Author: Vicente B. Jurlano and Maria Paz N. Marquez

This chapter describes the contraceptive use of the youth, including the types of methods used, sources of contraceptives, and reasons for non-use. This year's YAFS broaden the discussion to include some of the highly requested data on family planning, such as sources of family planning information of youth and their attitudes toward condoms and emergency contraception.

Chapter 15: Beliefs and Attitudes

Author: Jeofrey B. Abalos

Since 1994, the YAFS has tracked Filipino youth's beliefs regarding and attitudes towards topics related to marriage, cohabitation, sex roles, premarital sex and conception, divorce, contraception, and abortion. This chapter analyzes the patterns and updates the trends on these indicators with the view of helping shed light on young people's worldviews, which can specifically shape their health and sexual choices.

Chapter 16: Knowledge and Information about Sex and Reproduction

Author: Nimfa B. Ogena

This chapter tackles the level of knowledge of youth about sex and reproduction and their information-seeking behaviors concerning puberty and sex. The youth's preferences concerning whom to openly share with and consult about these topics are also included in this chapter.

Chapter 17: Changing Currents, Continuing Challenges, and the Work Ahead

This chapter consolidates the findings in the previous chapters and identifies policy and program leads that are responsive to the needs of today's youth.

Appendix A: Sampling Design

Author: Erniel B. Barrios

Appendix B: Estimates of Sampling Errors

Authors: Jeconiah K. Boongaling and Leo Angelo L. Ocampo

Appendix C: Data Quality Tables

Authors: Leo Angelo L. Ocampo and Jeconiah K. Boongaling

Appendix D: Persons Involved in the YAFS5

Appendix E: Questionnaire